Baseline Data Report 2009–2010









prepared by the

CHSSN

Community Health and Social Services Network

for the Networking and Partnership Initiative
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Demographic Profiles of Quebec's English-speaking Communities by selected CSSS Territories

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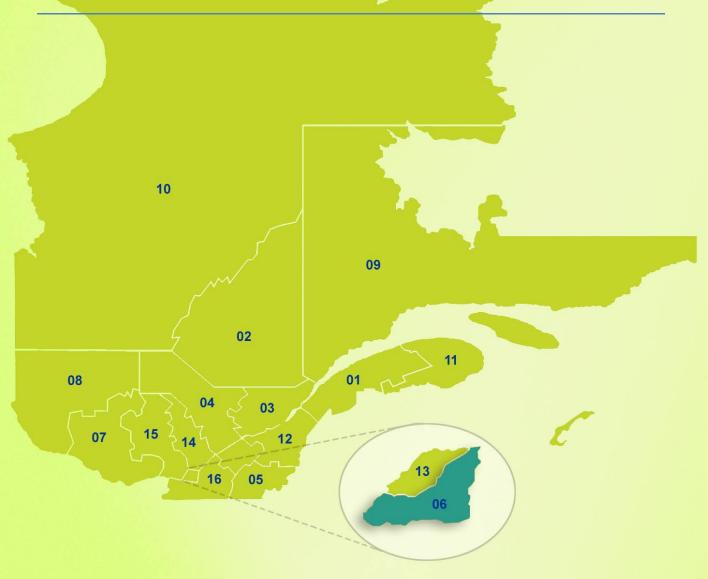


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DEMOGRAPHIC PROFILE OF THE ENGLISH-SPEAKING COMMUNITIES OF REGION 6 — MONTRÉAL



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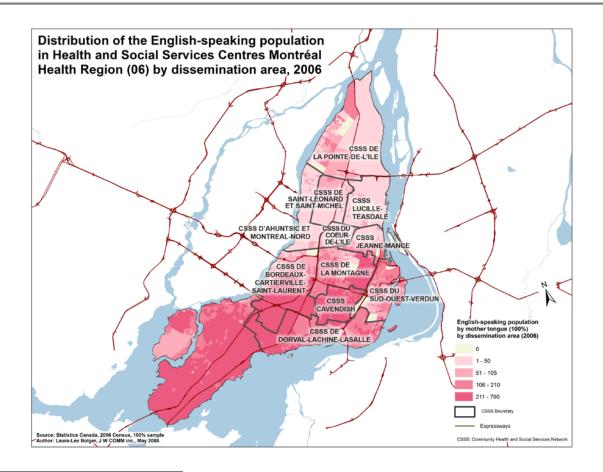
DEMOGRAPHIC PROFILE OF THE ENGLISH-SPEAKING COMMUNITIES OF REGION 6 – MONTRÉAL¹

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Demographic Profileof CSSS de la Pointe-de-l'Île

Demographic Profile of CSSS Lucille-Teasdale

Demographic Profile of CSSS d'Ahuntsic et Montréal-Nord



¹ CSSS de la Pointe-de-l'Île, CSSS Lucille-Teasdale, and CSSS d'Ahuntsic et Montréal-Nord only; other CSSS branches for this region are covered in separate documents.



Community Health
And Social Services Network
Réseau communautaire de santé
et de services sociaux

Baseline Data Report 2009-2010

DEMOGRAPHIC PROFILE OF THE ENGLISH-SPEAKING COMMUNITIES OF CSSS DE LA POINTE-DE-L'ÎLE REGION 06 - MONTRÉAL

Produced by Dr. Joanne Pocock and Jan Warnke

for the
Community Health and Social Services Network
(CHSSN)

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Introduction

Purpose of this document

This document presents selected demographic characteristics of the English-speaking population of the CSSS territories in the areas covered by the organizations participating in the Networking and Partnership Initiative (NPI) of the Community Health and Social Services Network (CHSSN). The information presented is drawn from the 2006 Census of Canada.² The selection of characteristics is guided by their importance as determinants of the health status and vitality of Quebec's official language minority community.³

Linguistic definitions

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. This report uses the <u>First Official Language Spoken</u> (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province.

Other definitions include <u>Mother tongue</u> which refers to the first language learned at home in childhood and still understood. The <u>language most often spoken at home</u> is used to designate the home language. <u>Knowledge of official languages</u> indicates the official language in which a person can carry on a conversation. The <u>language used most often at work</u> indicates the language spoken most frequently at work.

CHSSN: Networking and Partnership Initiative

The CHSSN Networking and Partnership Initiative Program⁴ (NPI) is intended to support the development of the capacity of Quebec's English-speaking communities to ensure their vitality

The data is from the long questionnaire of the Canadian Census which is administered to 20% of the Canadian population. Caution should be used in interpreting data in territories where there are low population counts. Due to rounding and data suppression to guarantee anonymity, the sums of individual items may not equal the total given. Accordingly, calculated percentages may not equal 100%.

National governments and health organizations around the world have identified a broad range of social, economic and environmental factors that have been demonstrated to have a strong influence on the health of populations and individuals. Health Canada outlines various determinants of health – some of which are social determinants – such as income and social status, social support networks, education, employment and working conditions, health services, physical and social environments, biology and genetic endowment, personal health practices and coping skills, healthy child development, gender and culture See Health Canada. (1998) *Taking Action on population health: a position paper for Health Promotion and Programs Branch staff,* Health and Welfare Canada. See also, Raphael, Dennis. (Ed.) (2002) *Social Determinants of Health: Canadian Perspectives*. Toronto: Canadian Scholar's Press Inc.

^{4 &}lt;a href="http://www.chssn.org/En/Networking_Partnership.html">http://www.chssn.org/En/Networking_Partnership.html

through cooperation and partnership with the health and social services system in order to improve, develop, and maintain access to the full range of services for Quebec's English-speaking minority communities. To achieve this, the Program funds the development of community networks within English-speaking communities consistent with the territories served by Quebec's health and social services centres (CSSS).

A community network is a formal grouping of community, institutional and other partners of the health and social services network. The goal is to improve access to health and social services through partnership initiatives, cooperation with and participation in the public system, provision of information on community needs, support for the volunteer and community resources sector, and the promotion of services adapted to the needs of English-speaking people.



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Demographic Size

Studies have confirmed that language barriers affect access and quality of care for linguistic minority communities. Obstacles to communication can reduce recourse to preventative services; increase consultation time including the number of tests and the possibility of diagnostic and treatment errors; affect the quality of services requiring effective communication such as social services; reduce the probability of treatment compliance and reduce users' satisfaction with the services received.⁵ In the complex context of a medical situation, where the communication between care provider and patient is a key factor in the achievement of a positive health outcome, it is not surprising that the language spoken most often is considered the most effective. The treatment by health professionals of sensitive issues such as cancer, addiction, or depression, requires ease of communication as a feature of building trust and offering comfort to patients.

Table 1 - Population Size

| Population Size | | Province of Québec | 06 - RSS de Montréal | 0604 - CSSS de la Pointe-de-l'Île |
|---------------------|------------|--------------------|-------------------------|--------------------------------------|
| FOLC Anglanhanas | number | 994,720 | 595,920 | 26,135 |
| FOLS - Anglophones | percentage | 13.4% | 32.7% | 13.9% |
| FOLS - Francophones | number | 6,373,223 | 1,182,485 | 158,808 |
| FOLS - Francophones | percentage | 85.7% | 64.8% | 84.7% |
| Total population | number | 7,435,900 | 1,823,905 | 187,590 |
| Total population | percentage | 100.0% | 100.0% | 100.0% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

- Across Quebec, there are 994,720 English-speakers, representing 13.4% of Quebec's total population.
- There are 595,920 Anglophones living in the RSS de Montréal where they represent 32.7% of the region's population. This is a higher share than the overall provincial share for Anglophones.
- In CSSS de la Pointe-de-l'Île, we find 26,135 Anglophones where they represent 13.9% of the population. This is a lower proportion than that represented by Anglophones across the RSS de Montréal.

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See Bowen, S. (2001). Language Barriers in Access to Health Care, Ottawa: Health Canada. Also, Jacobs, E, and A. Chen, L. Karliner, N. Agger-Gupta & S. Mutha. (2006). "The Need for More Research on Language Barriers in Health Care: A Proposed Research Agenda". The Millbank Quarterly, Vol. 84, No.1, pp.111-133.

Age Structure

The distribution of the English-speaking population across age categories, and the extent to which language majority and minority communities differ in accordance to age, is important in understanding their distinct health needs and resources. Each stage of life tends to be associated with specific health and social service needs. The way these needs are met by public provisions and families must also take the age and age-related competencies of the client group into consideration. Typically, the age structure of the majority is important in shaping the scope and design of available health services and programs. Improving the health and the vitality of all citizens residing in this CSSS requires awareness of the problems that are pressing for the minority and may be overlooked in the focus on the majority, and, awareness of problems that are shared by both language groups but are being met with solutions that are not equally accessible for both.

Research in recent years has underlined the crucial role of childhood development in the long-term health of individuals and communities. Like every age group, youth are characterized by health and social service needs specific to their stage of life. For example, the respondents of the Quebec Health and Social Survey (1998) aged 15-24 years of age reported the highest levels of psychological distress and survey respondents with high levels of psychological distress, were more likely to report suicidal ideas and suicidal attempts. Anglophone respondents to the survey were more than twice as likely as Francophones to perceive their mental health as poor.⁶

While the large portion of seniors does not necessarily mean a "sicker" group, it does imply an increased tendency towards health needs that are more characteristic of individuals in their later years. For example, chronic diseases such as arthritis, rheumatism, diabetes and heart disease are more prevalent among older individuals as well as are activity limitations that, we learn from the Quebec Social and Health Survey (1998), are due primarily to mental health and osteoarticular (bone/joint) problems. Publicly provided home healthcare and home care services are likely to be in high demand by communities with a large number of seniors.

Table 2 - Age Structure of the Population

| Age Structure of the Population | Province | of Québec | 06 - RSS d | le Montréal | 0604 - CSSS de la Pointe-de-l'Île | | |
|---------------------------------|----------|-----------|------------|-------------|--------------------------------------|---------|--|
| | English | French | English | French | English | French | |
| Total - Age groups | 994,720 | 6,373,223 | 595,920 | 1,182,485 | 26,135 | 158,808 | |
| 0-14 years | 159,660 | 1,068,283 | 92,240 | 179,478 | 4,855 | 24,675 | |
| 15-24 years | 134,400 | 808,725 | 82,970 | 150,545 | 3,985 | 20,023 | |
| 25-44 years | 313,505 | 1,749,930 | 195,600 | 366,688 | 9,250 | 40,620 | |
| 45-64 years | 254,675 | 1,899,995 | 146,315 | 314,128 | 6,100 | 48,433 | |

Pocock, J. (2008) "Baseline Data Report 2007-2008. Quebec's Social and Health Survey Information." Community Health and Social Services Network (CHSSN), pp.115-126. www.chssn.org.

| Age Structure of the Population | Province of Québec | | 06 - RSS d | e Montréal | 0604 - CSSS de la Pointe-de-l'Île | | |
|---------------------------------|--------------------|---------|------------|------------|--------------------------------------|--------|--|
| | English | French | English | French | English | French | |
| (continued) 65+ years | 132,480 | 846,290 | 78,795 | 171,648 | 1,945 | 25,058 | |
| Total - Age groups | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | |
| 0-14 years | 16.1% | 16.8% | 15.5% | 13.5% | 18.6% | 15.5% | |
| 15-24 years | 13.5% | 12.7% | 13.9% | 12.7% | 15.2% | 12.6% | |
| 25-44 years | 31.5% | 27.5% | 32.8% | 31.0% | 35.4% | 25.6% | |
| 45-64 years | 25.6% | 29.8% | 24.6% | 26.6% | 23.3% | 30.5% | |
| 65+ years | 13.3% | 13.3% | 13.2% | 14.5% | 7.4% | 15.8% | |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Children (aged 0-14)

- Across Quebec, there are 159,660 English-speaking children aged 0-14, representing 16.1% of the Anglophone population. The proportion of children in the Anglophone population is similar to that in the Francophone majority population in Quebec.
- There are 92,240 English-speaking children aged 0-14 living in the RSS de Montréal where
 they account for 15.5% of the population. The proportion of children in the RSS Anglophone
 population is lower than their proportion in the RSS Francophone majority population. This
 proportion is much higher than that formed by Anglophone children across the province.
- In CSSS de la Pointe-de-l'Île, we find 4,855 Anglophone children aged 0-14 where they represent 18.6% of the population. This is a higher share than that exhibited by English-speaking children across the RSS de Montréal region. The proportion of children in the CSSS Anglophone population is higher than their share in the CSSS de la Pointe-de-l'Île Francophone majority population.

Seniors (aged 65 and over)

- Across Quebec, there are 132,480 English-speaking seniors aged 65+ representing 13.3% of the Anglophone population. The proportion of seniors in the Anglophone population is similar to that found in the Francophone majority population in Quebec.
- There are 78,795 Anglophone seniors aged 65+ living in the RSS de Montréal where they account for 13.2% of the population. This is a lower share than that of Anglophone seniors across the province. The proportion of seniors in the RSS Anglophone population is lower than their proportion in the Francophone majority population.
- In CSSS de la Pointe-de-l'Île, we find 1,945 Anglophone seniors aged 65+ where they account for 7.4% of the population. This is a lower share than that of English-speaking seniors across the RSS de Montréal region. The proportion of seniors in the Anglophone population is

much lower than their proportion in the Francophone majority population in the CSSS de la Pointe-de-l'Île.

Income

Long-standing and substantial research provides evidence that income is a key determinant of the level of health and well-being experienced by communities and their members. The Quebec Social and Health Survey (1998) reveals a significant link between lower income households and the likelihood of a poor health status among Quebec citizens. For these vulnerable households barriers to access to public health services loom large as they cannot afford private care services nor are they likely to have access to work-related benefits or private insurance coverage.

Table 3 - Income

| Population 15+ years, by Income Group | Province of Québec | | 06 - RSS d | e Montréal | 0604 - CSSS de la Pointe- de-l'Île | | |
|--|--------------------|-----------|------------|------------|---------------------------------------|---------|--|
| z, meenie zreap | English | French | English | French | English | French | |
| Total - Income groups | 835,060 | 5,304,940 | 503,680 | 1,003,008 | 21,280 | 134,133 | |
| Under \$10,000 | 230,360 | 1,243,333 | 143,825 | 249,656 | 5,425 | 29,920 | |
| \$10,000 - \$29,999 | 299,310 | 1,954,988 | 181,250 | 380,773 | 7,250 | 50,413 | |
| \$30,000 - \$49,999 | 162,130 | 1,223,805 | 92,520 | 211,085 | 5,115 | 33,298 | |
| \$50,000 and over | 143,255 | 882,816 | 86,090 | 161,488 | 3,495 | 20,513 | |
| Total - Income groups | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | |
| Under \$10,000 | 27.6% | 23.4% | 28.6% | 24.9% | 25.5% | 22.3% | |
| \$10,000 - \$29,999 | 35.8% | 36.9% | 36.0% | 38.0% | 34.1% | 37.6% | |
| \$30,000 - \$49,999 | 19.4% | 23.1% | 18.4% | 21.0% | 24.0% | 24.8% | |
| \$50,000 and over | 17.2% | 16.6% | 17.1% | 16.1% | 16.4% | 15.3% | |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Earning less than \$10k

• Across Quebec, there are 230,360 English-speakers aged 15+ earning less than \$10k. This group represents 27.6% of the 15+ English-speaking population. The proportion of Anglophones earning less than \$10k is higher than that found in the Francophone majority population in Quebec.

For discussion of the survey, see Pocock, J. (2008) "Baseline Data Report 2007-2008. Quebec's Social and Health Survey Information." Community Health and Social Services Network (CHSSN). www.chssn.org

- There are 143,825 English-speakers aged 15+ earning less than \$10k in the RSS de Montréal where they represent 28.6% of the population. This is a higher share than that experienced by the provincial Anglophone population. The proportion of those earning less than \$10k in the RSS Anglophone population is higher than the proportion in the Francophone majority population.
- In CSSS de la Pointe-de-l'Île, we find 5,425 English-speakers earning less than \$10k where they account for 25.5% of the population. This is a lower share than that experienced by English-speakers across the RSS de Montréal region. The proportion of those earning less than \$10k in the CSSS Anglophone population is higher than the proportion for the Francophone majority population in CSSS de la Pointe-de-l'Île.

Earning \$50k and over

- Across Quebec, there are 143,255 Anglophones earning over \$50k representing 17.2% of the Anglophone population. The proportion of high earners in the Anglophone population is similar to that found in the Francophone majority population in Quebec.
- There are 86,090 English-speakers earning over \$50k living in the RSS de Montréal where they represent 17.1% of the population. This is higher than the proportion of English-speaking high earners across the province. The proportion of high earners in the RSS English-speaking population is lower than the share of high earners in the Francophone majority population in the RSS.
- In CSSS de la Pointe-de-l'Île, we find 3,495 Anglophone high earners where they represent 16.4% of the population. This is a lower share than that experienced by Anglophone high earners across the RSS de Montréal region. The proportion of high earners in the CSSS Anglophone population is higher than the proportion of high earners in the same CSSS Francophone majority population.

Household Living Arrangements

Household living arrangements may be used as an indicator of groups within a population who are vulnerable to a poor health status. For example, the Quebec Social and Health Survey (1998) revealed that parents of minors living in lone parent households were more likely to report food insecurity, high levels of psychological distress and having more than one health problem compared to parents with other household arrangements.⁸ Individuals living alone may lack the important health benefits of a strong support network in the event of activity limitations due to illness or aging.

Table 4 - Population by Household Living Arrangements

| Population by Household Living Arrangements | Province (| of Québec | 06 - RSS (| de Montréal | 0604 - CSSS de la Pointe-de-l'Île | |
|---|------------|-----------|------------|-------------|--------------------------------------|---------|
| | English | French | English | French | English | French |
| Total - Household living arrangements | 994,720 | 6,373,223 | 595,920 | 1,182,485 | 26,135 | 158,808 |
| Total - Persons in private households | 991,735 | 6,336,945 | 594,670 | 1,175,320 | 26,120 | 158,520 |
| Total - Persons in Census family households | 820,545 | 5,186,923 | 475,465 | 851,143 | 23,965 | 126,693 |
| Persons in married or common-law couples families | 703,005 | 4,441,050 | 403,320 | 684,943 | 21,260 | 101,990 |
| Persons in lone-parent families | 117,540 | 745,870 | 72,150 | 166,205 | 2,695 | 24,705 |
| Total - Persons in non-Census family households | 171,190 | 1,150,013 | 119,205 | 324,175 | 2,160 | 31,833 |
| Living with relatives | 20,835 | 105,635 | 13,605 | 28,568 | 270 | 3,710 |
| Living with non-relatives only | 30,705 | 188,028 | 23,080 | 64,515 | 300 | 4,903 |
| Living alone | 119,655 | 856,350 | 82,520 | 231,095 | 1,580 | 23,208 |
| Total - Household living arrangements | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| Total - Persons in private households | 99.7% | 99.4% | 99.8% | 99.4% | 99.9% | 99.8% |
| Total - Persons in Census family households | 82.5% | 81.4% | 79.8% | 72.0% | 91.7% | 79.8% |
| Persons in married or common-law couples families | 70.7% | 69.7% | 67.7% | 57.9% | 81.3% | 64.2% |
| Persons in lone-parent families | 11.8% | 11.7% | 12.1% | 14.1% | 10.3% | 15.6% |
| Total - Persons in non-Census family households | 17.2% | 18.0% | 20.0% | 27.4% | 8.3% | 20.0% |
| Living with relatives | 2.1% | 1.7% | 2.3% | 2.4% | 1.0% | 2.3% |
| Living with non-relatives only | 3.1% | 3.0% | 3.9% | 5.5% | 1.1% | 3.1% |
| Living alone | 12.0% | 13.4% | 13.8% | 19.5% | 6.0% | 14.6% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

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For discussion of the survey, see Pocock, J. (2008) "Baseline Data Report 2007-2008. Quebec's Social and Health Survey Information." Community Health and Social Services Network (CHSSN). www.chssn.org

Living in census families9

- Across Quebec, there are 820,545 Anglophones living in census families. This group represents 82.5% of the 15+ Anglophone population. The proportion of Anglophones living in census families is similar to that found in the Francophone majority population in Quebec.
- There are 475,465 English-speakers living in census families in the RSS de Montréal where
 they comprise 79.8% of the population. This is a lower share than that comprised by the
 provincial English-speaking population. The proportion of those living in census families in
 the RSS English-speaking population is higher than the proportion in the RSS Francophone
 majority population.
- In CSSS de la Pointe-de-l'Île, we find 23,965 English-speakers living in census families where they account for 91.7% of the population. This is a higher share than that accounted for by English-speakers across the RSS de Montréal region. The proportion of English-speakers living in census families in the Anglophone population is higher than the proportion represented by the Francophone majority population in CSSS de la Pointe-de-l'Île.

Living in lone-parent families

- Across Quebec, there are 117,540 English-speakers living in lone-parent families. This group represents 11.8% of the Anglophone population. The proportion of Anglophones living in lone-parent families is similar to the proportion found in the Francophone majority population in Quebec.
- There are 72,150 English-speakers living in lone-parent families in the RSS de Montréal where they account for 12.1% of the population. The proportion of those living in lone-parent families in the RSS English-speaking population is lower than the proportion found in the RSS Francophone majority population. The proportion is higher than that found in the provincial English-speaking population.
- In CSSS de la Pointe-de-l'Île, we find 2,695 English-speakers living in lone-parent families where they represent 10.3% of the population. This is much lower than the proportion represented by the Francophone majority population in CSSS de la Pointe-de-l'Île. The proportion of Anglophones living in lone-parent families in the CSSS de la Pointe-de-l'Île Anglophone population is lower than the proportion, we find for English-speakers across the RSS de Montréal region.

Under Statistics Canada's terminology, a census family refers "to a married couple (with or without children of either or both spouses), a couple living common-law (with or without children of either or both partners) or a lone parent of any marital status, with at least one child living in the same dwelling. A couple may be of opposite or same sex. 'Children' in a census family include grandchildren living with their grandparent(s) but with no parents present."

(http://www12.statcan.gc.ca/census-recensement/2006/ref/dict/pdf/92-566-eng.pdf)

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Living alone

- Across Quebec, there are 119,655 English-speakers living alone. This group represents 12% of the Anglophone population. The proportion of Anglophones living alone is lower than that found in the Francophone majority population in Quebec.
- There are 82,520 English-speakers living alone in the RSS de Montréal where they account for 13.8% of the population. This is a higher share than that accounted for by the provincial Anglophone population. The proportion of those living alone in the RSS Anglophone population is much lower than the proportion found in the RSS Francophone majority population.
- In CSSS de la Pointe-de-l'Île, we find 1,580 English-speakers living alone where they represent 6% of the population. This is a lower share than that exhibited by English-speakers across the RSS de Montréal region. The proportion of those living alone in the CSSS Anglophone population is much lower than the proportion exhibited by the Francophone majority population in CSSS de la Pointe-de-l'Île.

Low-Income Cut-off

Although there is no official measure of poverty in Canada, the Statistics Canada measure of Low Income Cut-Offs (LICO) is probably the best known. Commonly known as the "poverty line", LICO uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low income cut-off category. People who live below a set of income cut-offs may be said to live in "straitened circumstances". ¹⁰ The following table considers the population living below LICO by language, administrative territory and age group.

Table 5 - Population Living Below LICO, Within Age Groups

| Population Living Below the Low-Income Cut-off (LICO) Level, | Province | of Québec | 06 - R Mon | SS de tréal | 0604 - CSSS de la Pointe-de-l'Île | | |
|--|---------------|---------------|---------------|----------------|--------------------------------------|--------|--|
| Across Age Groups | English | French | English | French | English | French | |
| Total - Age groups | 218,835 | 1,016,688 | 161,045 | 344,310 | 4,045 | 33,720 | |
| 0-14 years | 35,605 | 179,618 | 25,410 | 65,598 | 805 | 7,368 | |
| 15-24 years | 35,985 | 146,435 | 27,860 | 54,248 | 565 | 4,378 | |
| 25-44 years | 74,855 | 258,773 | 58,215 | 103,223 | 1,345 | 8,150 | |
| 45-64 years | 47,330 | 266,655 | 32,195 | 69,970 | 875 | 7,455 | |
| 65+ years | 25,060 | 165,208 | 17,365 | 51,273 | 455 | 6,370 | |
| Proportion | of those belo | w LICO within | n the age gro | oup | | | |
| Total - Age groups | 22.0% | 16.0% | 27.0% | 29.1% | 15.5% | 21.2% | |
| 0-14 years | 22.3% | 16.8% | 27.5% | 41.1% | 16.6% | 29.9% | |
| 15-24 years | 26.8% | 18.1% | 33.6% | 36.0% | 14.2% | 21.9% | |
| 25-44 years | 23.9% | 14.8% | 29.8% | 28.2% | 14.5% | 20.1% | |
| 45-64 years | 18.6% | 14.0% | 22.0% | 22.3% | 14.3% | 15.4% | |
| 65+ years | 18.9% | 19.5% | 22.0% | 29.9% | 23.4% | 25.4% | |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French. The percentages shown here are calculated against the total in a particular age group for linguistic groups in the given territories.

¹⁰ See "Low Income in Canada: 2000-2007 Using the Market Basket Measure" August 2009 by Human Resources and Skills Development Canada for a breakdown on various Low Income Measurements. Available online at http://www.hrsdc.gc.ca/eng/publications

Population living below the low income cut-off (LICO)

- The percentages given here compare the number below LICO in a given age group with the
 total number in that age group as presented in Table 2 Age Structure of the Population of
 this document.
- Across Quebec, there are 218,835 English-speakers living below LICO. This group accounts for 22% of the population. The proportion of Anglophones living below LICO is much higher than the proportion doing so in the Francophone majority population in Quebec.
- There are 161,045 English-speakers living below LICO in the RSS de Montréal where they represent 27% of the regional Anglophone population. The proportion of those living below LICO in the RSS Anglophone population is lower than the proportion found in the RSS Francophone majority population. This Anglophone RSS proportion is higher than the proportion for Quebec Anglophones in general.
- In CSSS de la Pointe-de-l'Île, we find 4,045 English-speakers living below LICO where they represent 15.5% of the English-speaking population. This is much lower than the proportion for the Francophone majority population in the same CSSS. The proportion of those living below LICO in the CSSS English-speaking population is higher than the proportion for English-speakers across the RSS de Montréal.

Children (0-14) living below the low income cut-off (LICO)

- Across Quebec, there are 35,605 English-speaking children living below LICO. This group represents 22.3% of the population of children. The proportion of Anglophone children living below LICO is much higher than the proportion found for children in the Francophone majority population in Quebec.
- There are 25,410 English-speaking children living below LICO in the RSS de Montréal where they account for 27.5% of the regional Anglophone children's population. The proportion of children living below LICO in the RSS Anglophone population is much lower than the proportion in the RSS Francophone majority children's population. This proportion is higher than that experienced by English-speaking children across the province.
- In CSSS de la Pointe-de-l'Île, we find 805 English-speaking children living below LICO where they represent 16.6% of the Anglophone children's population. This proportion is much lower than the proportion experienced by the Francophone majority children's population in the same CSSS. The proportion of those children living below LICO in the CSSS Anglophone population is lower than the proportion experienced by English-speaking children across the RSS de Montréal region.

Seniors (65+) living below the low income cut-off (LICO)

• Across Quebec, there are 25,060 English-speaking seniors living below LICO. This group represents 18.9% of the English-speaking senior population. The proportion of Anglophone seniors living below LICO is similar to the proportion of seniors living below LICO in the Francophone majority population in Quebec.

- There are 17,365 English-speaking seniors living below LICO in the RSS de Montréal where they account for 22% of the regional English-speaking senior population. The proportion of those seniors living below LICO in the RSS English-speaking senior population is much lower than the proportion in the RSS Francophone majority senior population. This proportion is higher than that experienced by English-speaking seniors across the province.
- In CSSS de la Pointe-de-l'Île, we find 455 English-speaking seniors living below LICO where they represent 23.4% of the Anglophone senior population. This is lower than the proportion experienced by the Francophone majority senior population living below LICO in the same CSSS. The proportion of seniors living below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speaking seniors across the RSS de Montréal region.

Table 6 - Population Living Below LICO, by Household Living Arrangements

| Population Living Below the Low-Income Cut-off Level (LICO), | Province o | Province of Québec | | de Montréal | 0604 - CSSS de la Pointe-de-l'Île | |
|--|-----------------|--------------------|--------------|-------------|--------------------------------------|--------|
| by Household Living Arrangements | English | French | English | French | English | French |
| Total - Household living arrangements | 218,835 | 1,016,688 | 161,045 | 344,310 | 4,045 | 33,720 |
| Total - Persons in private households | 218,840 | 1,016,688 | 161,045 | 344,313 | 4,050 | 33,733 |
| Total - Persons in Census family households | 144,340 | 574,715 | 104,515 | 196,813 | 3,210 | 21,413 |
| Persons in married or common-law couples families | 107,120 | 369,775 | 77,835 | 128,738 | 2,355 | 12,820 |
| Persons in lone-parent families | 37,225 | 204,935 | 26,675 | 68,078 | 850 | 8,578 |
| Total - Persons in non-Census family households | 74,490 | 441,975 | 56,530 | 147,503 | 840 | 12,330 |
| Living with relatives | 5,130 | 19,180 | 4,055 | 8,215 | 50 | 685 |
| Living with non-relatives only | 19,775 | 97,140 | 15,860 | 37,775 | 140 | 2,573 |
| Living alone | 49,585 | 325,655 | 36,620 | 101,508 | 660 | 9,063 |
| Proportion of those | below LICO by h | ousehold living | g arrangemen | ts | | |
| Total - Household living arrangements | 22.0% | 16.0% | 27.0% | 29.1% | 15.5% | 21.2% |
| Total - Persons in private households | 22.1% | 16.0% | 27.1% | 29.3% | 15.5% | 21.3% |
| Total - Persons in Census family households | 17.6% | 11.1% | 22.0% | 23.1% | 13.4% | 16.9% |
| Persons in married or common-law couples families | 15.2% | 8.3% | 19.3% | 18.8% | 11.1% | 12.6% |
| Persons in lone-parent families | 31.7% | 27.5% | 37.0% | 41.0% | 31.5% | 34.7% |
| Total - Persons in non-Census family households | 43.5% | 38.4% | 47.4% | 45.5% | 38.9% | 38.7% |
| Living with relatives | 24.6% | 18.2% | 29.8% | 28.8% | 18.5% | 18.5% |
| Living with non-relatives only | 64.4% | 51.7% | 68.7% | 58.6% | 46.7% | 52.5% |
| Living alone | 41.4% | 38.0% | 44.4% | 43.9% | 41.8% | 39.1% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French. The percentages shown here are calculated against the total in a particular age group for linguistic groups in the given territories.

Persons in census family households living below the low income cut-off (LICO)

- The percentages given here compare the number below LICO in a given household living arrangement with the total number in that arrangement as presented in Table 4 Household Living Arrangements in this document.
- Across Quebec, there are 144,340 English-speaking persons in census family households living below LICO. This group represents 17.6% of the Anglophone population in census family households. The proportion of English-speaking persons in census family households living below LICO is much higher than the proportion found in the Francophone majority population in Quebec living below LICO in census family households.
- There are 104,515 English-speaking persons in census family households living below LICO in the RSS de Montréal where they represent 22% of the regional English-speaking population. The proportion of persons in census family households living below LICO in the RSS English-speaking population is similar to the proportion in the RSS Francophone majority population. The proportion in the RSS English-speaking population is higher than that found in the provincial English-speaking population.
- In CSSS de la Pointe-de-l'Île, we find 3,210 English-speakers persons in census family households living below LICO where they account for 13.4% of the Anglophone population. This is much lower than the proportion experienced by the Francophone majority population in the same CSSS. The proportion of those persons in census family households living below LICO in the CSSS Anglophone population is lower than the proportion found in the Anglophone population of the RSS de Montréal region.

Persons in lone-parent families living below the low income cut-off (LICO)

- Across Quebec, there are 37,225 English-speaking persons in lone-parent families living below LICO. This group represents 31.7% of the English-speaking population living in loneparent families. The proportion of English-speaking persons in lone-parent families living below LICO is higher than the proportion found in the Francophone majority population in Quebec living in lone parent families.
- There are 26,675 English-speaking persons in lone-parent families living below LICO in the RSS de Montréal where they account for 37% of the regional Anglophone lone-parent family population. The proportion of persons in lone-parent families living below LICO in the RSS Anglophone population is lower than the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that found in the provincial Anglophone population.
- In CSSS de la Pointe-de-l'Île, we find 850 English-speakers persons in lone-parent families living below LICO where they account for 31.5% of the Anglophone lone-parent family population. This is lower than the proportion experienced by the Francophone majority lone-parent family population in the same CSSS. The proportion of persons in lone-parent families living below LICO in the CSSS Anglophone population is lower than the proportion experienced by English-speakers across the RSS de Montréal region.

Persons living alone and living below the low income cut-off (LICO)

- Across Quebec, there are 49,585 English-speaking persons living alone and below LICO. This group represents 41.4% of the Anglophone population living alone. The proportion of Anglophones persons living alone and below LICO is higher than that found in the Francophone majority population in Quebec living alone.
- There are 36,620 English-speakers persons living alone and below LICO in the RSS de Montréal where they account for 44.4% of the regional Anglophone population living alone. The proportion of those persons living alone and below LICO in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that experienced by the provincial Anglophone population.
- In CSSS de la Pointe-de-l'Île, we find 660 English-speakers persons living alone and below LICO where they represent 41.8% of the Anglophone population living alone. This is higher than the proportion experienced by the Francophone majority population living alone in the same CSSS. The proportion of those persons living alone and below LICO in the CSSS Anglophone population is lower than the proportion experienced by English-speakers across the RSS de Montréal region.

Highest Educational Attainment

In many ways, education is an important determinant of the health status of a community. In Canada, the level of education achieved by an individual tends to be an indicator of social status, and ideally, a predictor of economic opportunity. The overall level of health literacy and preventative health practice enjoyed by a community also tends to be associated with the years of schooling by those included among its members¹¹.

Table 7 - Highest Educational Certification, for Selected Age Groups

| • | | | _ | • | | | |
|---|-------------|--------------------|-----------|----------------------|-----------|--------------------------------------|---------|
| Highest Educational Certification, by Selected Age Groups | | Province of Québec | | 06 - RSS de Montréal | | 0604 - CSSS de la Pointe-de-l'Île | |
| | | English | French | English | French | English | French |
| | Total | 835,065 | 5,304,940 | 503,680 | 1,003,015 | 21,280 | 134,130 |
| Total - Highest certificate, diploma or degree | 25-44 years | 313,505 | 1,749,930 | 195,595 | 366,688 | 9,245 | 40,623 |
| | 45-64 years | 254,680 | 1,899,995 | 146,320 | 314,130 | 6,105 | 48,433 |
| | Total | 373,040 | 2,514,340 | 208,150 | 422,843 | 9,965 | 69,516 |
| High school certificate or less | 25-44 years | 94,615 | 523,153 | 52,730 | 91,545 | 2,870 | 13,673 |
| | 45-64 years | 110,255 | 875,428 | 57,975 | 127,808 | 3,160 | 23,663 |
| | Total | 77,560 | 866,628 | 38,310 | 115,958 | 3,040 | 21,733 |
| Apprenticeship or trades certificate or diploma | 25-44 years | 31,600 | 370,115 | 15,330 | 48,060 | 1,490 | 8,980 |
| | 45-64 years | 27,380 | 335,188 | 13,380 | 42,400 | 990 | 8,488 |
| | Total | 135,330 | 855,493 | 80,810 | 153,388 | 4,065 | 20,235 |
| College, CEGEP or other non- university certificate or diploma | 25-44 years | 60,410 | 362,373 | 35,610 | 65,308 | 2,200 | 7,863 |
| , , , , , , , , , , , , , , , , , , , | 45-64 years | 36,530 | 282,198 | 20,440 | 43,743 | 905 | 7,263 |
| | Total | 43,450 | 256,745 | 28,845 | 62,678 | 990 | 6,993 |
| University certificate or diploma below the bachelor level | 25-44 years | 18,140 | 83,445 | 12,700 | 25,265 | 585 | 2,413 |
| | 45-64 years | 14,840 | 113,120 | 9,340 | 21,978 | 270 | 3,053 |
| | Total | 205,690 | 811,738 | 147,575 | 248,150 | 3,220 | 15,645 |
| University certificate, diploma or degree | 25-44 years | 108,740 | 410,853 | 79,230 | 136,510 | 2,085 | 7,673 |
| | 45-64 years | 65,670 | 294,060 | 45,180 | 78,208 | 785 | 5,983 |
| | Total | 44.7% | 47.4% | 41.3% | 42.2% | 46.8% | 51.8% |
| High school certificate or less | 25-44 years | 30.2% | 29.9% | 27.0% | 25.0% | 31.0% | 33.7% |

For further discussion of education as a health determinant and the Population Health Model see J. Carter, *A Community Guide to the Population Health Approach*. Community Health and Social Services Network (CHSSN), www.chssn.org, March 2003. See Also, D. Raphael. (ed.) *Social Determinants of Health: Canadian Perspectives*. (pp.1-18, 235-51) Toronto: Canadian Scholar's Press Inc. 2002

| Highest Educational Certification, by Selected Age Groups | | Province o | Province of Québec | | 06 - RSS de Montréal | | CSSS de la de-l'Île |
|---|-------------|------------|--------------------|---------|----------------------|---------|------------------------|
| | | English | French | English | French | English | French |
| (continued) | 45-64 years | 43.3% | 46.1% | 39.6% | 40.7% | 51.8% | 48.9% |
| | Total | 9.3% | 16.3% | 7.6% | 11.6% | 14.3% | 16.2% |
| Apprenticeship or trades certificate or diploma | 25-44 years | 10.1% | 21.2% | 7.8% | 13.1% | 16.1% | 22.1% |
| | 45-64 years | 10.8% | 17.6% | 9.1% | 13.5% | 16.2% | 17.5% |
| | Total | 16.2% | 16.1% | 16.0% | 15.3% | 19.1% | 15.1% |
| College, CEGEP or other non- university certificate or diploma | 25-44 years | 19.3% | 20.7% | 18.2% | 17.8% | 23.8% | 19.4% |
| annonce, continuate or alproma | 45-64 years | 14.3% | 14.9% | 14.0% | 13.9% | 14.8% | 15.0% |
| | Total | 5.2% | 4.8% | 5.7% | 6.2% | 4.7% | 5.2% |
| University certificate or diploma below the bachelor level | 25-44 years | 5.8% | 4.8% | 6.5% | 6.9% | 6.3% | 5.9% |
| below the buencion level | 45-64 years | 5.8% | 6.0% | 6.4% | 7.0% | 4.4% | 6.3% |
| | Total | 24.6% | 15.3% | 29.3% | 24.7% | 15.1% | 11.7% |
| University certificate, diploma or degree | 25-44 years | 34.7% | 23.5% | 40.5% | 37.2% | 22.6% | 18.9% |
| | 45-64 years | 25.8% | 15.5% | 30.9% | 24.9% | 12.9% | 12.4% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Population aged 15+, high school diploma or less

- Across Quebec, there are 373,040 Anglophones 15+ with a high school diploma or less. This
 group accounts for 44.7% of the 15+ Anglophone population. The proportion of
 Anglophones 15+ with a high school diploma or less is lower than that found in the 15+
 Francophone majority population in Quebec.
- There are 208,150 Anglophones 15+ with a high school diploma or less in the RSS de Montréal where they account for 41.3% of the regional 15+ Anglophone population. The proportion of those 15+ with a high school diploma or less in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is lower than that exhibited by Anglophones across the province.
- In CSSS de la Pointe-de-l'Île, we find 9,965 Anglophones 15+ with a high school diploma or less where they represent 46.8% of the Anglophone 15+ population. This is lower than the proportion exhibited by the Francophone majority 15+ population in the same CSSS. The proportion of those 15+ with a high school diploma or less in the CSSS Anglophone population is higher than the proportion exhibited by the Anglophones across the RSS de Montréal region.

Population 25-44, high school diploma or less

- Across Quebec, there are 94,615 Anglophones aged 25-44 with a high school diploma or less.
 This group represents 30.2% of the Anglophone population aged 25 to 44. The proportion of
 Anglophones aged 25-44 with a high school diploma or less is similar to that found in the
 Francophone majority population in Quebec in the same age cohort.
- There are 52,730 Anglophones aged 25-44 with a high school diploma or less in the RSS de Montréal where they account for 27% of the regional Anglophone population. The proportion of those aged 25-44 with a high school diploma or less in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population in that age group. This proportion is lower than that exhibited by Anglophones across the province in the same age cohort.
- In CSSS de la Pointe-de-l'Île, we find 2,870 Anglophones aged 25-44 with a high school diploma or less where they comprise 31% of the Anglophone 45-64 cohort. This is lower than the proportion in the Francophone majority 45-64 cohort in the same CSSS. The proportion of those aged 25-44 with a high school diploma or less in the CSSS Anglophone population is higher than the proportion exhibited by Anglophones across the RSS de Montréal region.

Population 45-64, high school diploma or less

- In Quebec, there are 110,255 Anglophone aged 45-64 with a high school diploma or less. This group represents 43.3% of the Anglophone population. The proportion of Anglophones aged 45-64 with a high school diploma or less is lower than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 57,975 Anglophones aged 45-64 with a high school diploma or less in the RSS de Montréal where they account for 39.6% of the regional Anglophone population. The proportion of those aged 45-64 with a high school diploma or less in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is lower than that exhibited by the province's Anglophones.
- In CSSS de la Pointe-de-l'Île, we find 3,160 Anglophones aged 45-64 with a high school diploma or less where they comprise 51.8% of the Anglophone population. This is higher than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of those aged 45-64 with a high school diploma or less in the CSSS Anglophone population is higher than the proportion exhibited by Anglophones across the RSS.

Population aged 15+, university degree or higher

• In Quebec, there are 205,690 Anglophone 15+ with a university degree or higher. This group represents 24.6% of the Anglophone population. The proportion of Anglophones 15+ with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.

- There are 147,575 Anglophones 15+ with a university degree or higher in the RSS de Montréal where they account for 29.3% of the regional Anglophone population. The proportion of those 15+ with a university degree or higher in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that exhibited by the province's Anglophones.
- In CSSS de la Pointe-de-l'Île, we find 3,220 Anglophones 15+ with a university degree or higher where they represent 15.1% of the Anglophone population. This is much higher than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of 15+ with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Population 25-44, university degree or higher

- In Quebec, there are 108,740 Anglophone aged 25-44 with a university degree or higher. This group accounts for 34.7% of the Anglophone population. The proportion of Anglophones aged 25-44 with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 79,230 Anglophones aged 25-44 with a university degree or higher in the RSS de Montréal where they represent 40.5% of the regional Anglophone population. The proportion of those aged 25-44 with a university degree or higher in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population. This RSS Anglophone proportion is higher than that exhibited by the province's Anglophones.
- In CSSS de la Pointe-de-l'Île, we find 2,085 Anglophones aged 25-44 with a university degree or higher where they comprise 22.6% of the Anglophone population. This is higher than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of aged 25-44 with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Population 45-64, university degree or higher

- In Quebec, there are 65,670 Anglophone aged 45-64 with a university degree or higher. This group represents 25.8% of the Anglophone population. The proportion of Anglophones aged 45-64 with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 45,180 Anglophones aged 45-64 with a university degree or higher in the RSS de Montréal where they represent 30.9% of the regional Anglophone population. The proportion of those aged 45-64 with a university degree or higher in the RSS Anglophone population is much higher than the proportion in the RSS Francophone majority population. This RSS Anglophone proportion is higher than that exhibited by the province's Anglophones.
- In CSSS de la Pointe-de-l'Île, we find 785 Anglophones aged 45-64 with a university degree or higher where they comprise 12.9% of the Anglophone population. This is similar to the proportion exhibited by the Francophone majority population in the same CSSS. The

proportion of aged 45-64 with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Labour Force Activity

The rate and type of labour force participation experienced by a community and its members is strongly associated with health status. In industrial nations like Canada, labour force activity is linked with level of income as well as the level of social integration enjoyed by a group. Employment is an important source of social identity and a key context for the establishment of a social support network that extends beyond the workplace. For an individual, work is an important source of the self-esteem and sense of control typically associated with good mental health.¹²

Table 8 - Labour Force Activity

| Labour Force Activity | Province of Québec | | 06 - RSS de Montréal | | 0604 - CSSS de la Pointe-de-l'Île | |
|-------------------------------|--------------------|-----------|----------------------|-----------|--------------------------------------|---------|
| | English | French | English | French | English | French |
| Total - Labour force activity | 835,065 | 5,304,940 | 503,680 | 1,003,015 | 21,280 | 134,130 |
| In the labour force | 539,070 | 3,465,863 | 325,675 | 646,165 | 15,465 | 84,335 |
| Employed | 491,420 | 3,235,795 | 295,880 | 591,398 | 14,430 | 78,925 |
| Unemployed | 47,645 | 230,073 | 29,795 | 54,773 | 1,040 | 5,430 |
| Out of the labour force | 295,995 | 1,839,078 | 178,005 | 356,850 | 5,815 | 49,795 |
| Total - Labour force activity | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| In the labour force | 64.6% | 65.3% | 64.7% | 64.4% | 72.7% | 62.9% |
| Employed | 91.2% | 93.4% | 90.9% | 91.5% | 93.3% | 93.6% |
| Unemployed | 8.8% | 6.6% | 9.1% | 8.5% | 6.7% | 6.4% |
| Out of the labour force | 35.4% | 34.7% | 35.3% | 35.6% | 27.3% | 37.1% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Unemployed

 Across Quebec, there are 47,645 Anglophones who are unemployed resulting in an unemployment rate of 8.8%. The unemployment rate of Quebec Anglophones is much higher than the unemployment rate of the Francophone majority.

For further discussion of employment and working conditions as health determinants and the Population Health Model see J. Carter, *A Community Guide to the Population Health Approach*, Community Health and Social Services Network (CHSSN), www.chssn.org, March 2003. See also D. Raphael (ed.) *Social Determinants of Health: Canadian Perspectives*. (pp.1-18, 235-51) Toronto: Canadian Scholar's Press Inc. 2002

- There are 29,795 unemployed Anglophones in the RSS de Montréal where they experience an unemployment rate of 9.1%. The unemployment rate of the RSS Anglophone population is higher than the unemployment rate in the RSS Francophone majority population. Their unemployment rate is higher than that experienced by the provincial Anglophone population.
- In CSSS de la Pointe-de-l'Île, we find 1,040 unemployed Anglophones resulting in an unemployment rate of 6.7%. This is similar to the unemployment rate experienced by the Francophone majority population in the same CSSS. The unemployment rate of the CSSS de la Pointe-de-l'Île Anglophone population is lower than the unemployment rate experienced by English-speakers across the RSS de Montréal region.

Out of the labour force¹³

- Across Quebec, there are 295,995 Anglophones out of the labour force. This group represents 35.4% of the Anglophone population aged 15+. The proportion of Anglophones out of the labour force is similar to that found in the Francophone majority population in Quebec age 15+.
- There are 178,005 English-speakers out of the labour force in the RSS de Montréal where they comprise 35.3% of the regional Anglophone population aged 15+. The proportion of those out of the labour force in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is lower than that exhibited by the provincial Anglophone population.
- In CSSS de la Pointe-de-l'Île, we find 5,815 English-speakers aged 15+ out of the labour force where they account for 27.3% of the Anglophone population. This is much lower than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of those out of the labour force in the CSSS Anglophone population is lower than the proportion exhibited by English-speakers across the RSS de Montréal region.

The Statistics Canada category "out of the labour force" refers to persons 15 years and over, excluding institutional residents, who, in the past week (Sunday to Saturday) prior to Census Day (May 16, 2006), were neither employed nor unemployed. It includes students, homemakers, retired workers, and seasonal workers in an "off" season who were not looking for work because of a long-

(http://www12.statcan.gc.ca/census-recensement/2006/ref/dict/pdf/92-566-eng.pdf)

term illness or disability.

Mobility 2001-2006

The pattern of movement by a population with respect to specific administrative and geographical boundaries is a factor in assessing its demographic vitality¹⁴, level of social cohesion and state of social support networks. Accessible public health and social service information is crucial in areas where a sizable percentage of the minority populations may not have an established network of family and friends. This is especially true in areas where the Anglophone community tends to be characterized by a greater percentage of newcomers from outside the province of Quebec and outside of Canada.

Table 9 - Recent Mobility (2001-2006)

| Recent Mobility of the Population | Province | Province of Québec | | 06 - RSS de Montréal | | 0604 - CSSS de la Pointe-de-l'Île | |
|-------------------------------------|----------|--------------------|---------|----------------------|---------|--------------------------------------|--|
| | English | French | English | French | English | French | |
| Total - Mobility status 5 years ago | 949,260 | 6,062,350 | 569,100 | 1,127,128 | 24,900 | 151,948 | |
| Non-movers | 577,005 | 3,763,078 | 339,470 | 620,538 | 16,670 | 90,680 | |
| Non-migrants | 188,590 | 1,255,443 | 130,600 | 329,260 | 6,720 | 47,205 | |
| Intraprovincial migrants | 82,480 | 884,918 | 27,090 | 91,755 | 505 | 9,925 | |
| arrived from outside Quebec | 101,175 | 158,908 | 71,940 | 85,580 | 1,010 | 4,120 | |
| Total - Mobility status 5 years ago | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | |
| Non-movers | 60.8% | 62.1% | 59.7% | 55.1% | 66.9% | 59.7% | |
| Non-migrants | 19.9% | 20.7% | 22.9% | 29.2% | 27.0% | 31.1% | |
| Intraprovincial migrants | 8.7% | 14.6% | 4.8% | 8.1% | 2.0% | 6.5% | |
| arrived from outside Quebec | 10.7% | 2.6% | 12.6% | 7.6% | 4.1% | 2.7% | |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Non-movers 2001-2006

- Across Quebec in 2006, there were 577,005 Anglophones who were non-movers. This group represents 60.8% of the Anglophone population. The proportion of non-movers for Quebec Anglophones is similar to that found in Quebec's Francophone majority.
- There were 339,470 Anglophone non-movers in the RSS de Montréal where they represent 59.7% of the regional Anglophone population. The non-mover proportion of the RSS

The concept of demographic vitality used in the Report to the Federal Minister of Health (2002) was a blend of demographic characteristics considered important to health. These characteristics included population size and proportion, percentage of bilingual persons in the minority community, unemployment rate and age structure. See Consultative Committee for English-speaking Minority Communities (CCESMC) 2002. Report to the Federal Minister of Health, Ottawa: Health Canada.

- Anglophone population is higher than the non-mover proportion in the RSS Francophone majority population. Their non-mover proportion is lower than that exhibited by Anglophones across the province.
- In CSSS de la Pointe-de-l'Île, we find 16,670 Anglophone non-movers which means that the non-mover proportion is 66.9%. This is higher than the non-mover proportion exhibited by the Francophone majority population in the same CSSS. The proportion of Anglophones non-movers in the CSSS Anglophone population is higher than the proportion exhibited by Anglophones across the RSS de Montréal region.

Arrivals from outside Quebec, 2001-2006

- Across Quebec, there are 101,175 Anglophones who arrived from outside Quebec between 2001 and 2006. This in-migrant group represents 10.7% of the Anglophone population. The proportion of arrivals from outside Quebec within the Quebec Anglophone population is much higher than that found in Quebec's Francophone majority.
- There are 71,940 Anglophones who arrived from outside Quebec to the RSS de Montréal where they account for 12.6% of the regional Anglophone population. The in-migrant proportion of the RSS Anglophone population is much higher than the in-migrant proportion in the RSS Francophone majority population. Their in-migrant proportion is higher than that exhibited by Anglophones across the province.
- In CSSS de la Pointe-de-l'Île, we find 1,010 Anglophones who arrived from outside Quebec resulting in an in-migrant proportion of 4.1%. This is lower than the in-migrant proportion exhibited by the Francophone majority population in the same CSSS. The proportion of those who arrived from outside Quebec within the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the RSS de Montréal region.

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Community Health
And Social Services Network
Réseau communautaire de santé
et de services sociaux

Baseline Data Report 2009-2010

DEMOGRAPHIC PROFILE OF THE ENGLISH-SPEAKING COMMUNITIES OF CSSS LUCILLE-TEASDALE REGION 06 - MONTRÉAL

Produced by Dr. Joanne Pocock and Jan Warnke

for the
Community Health and Social Services Network
(CHSSN)

March 2010

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Introduction

Purpose of this document

This document presents selected demographic characteristics of the English-speaking population of the CSSS territories in the areas covered by the organizations participating in the Networking and Partnership Initiative (NPI) of the Community Health and Social Services Network (CHSSN). The information presented is drawn from the 2006 Census of Canada. ¹⁵ The selection of characteristics is guided by their importance as determinants of the health status and vitality of Quebec's official language minority community. ¹⁶

Linguistic definitions

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. This report uses the <u>First Official Language Spoken</u> (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province.

Other definitions include <u>Mother tongue</u> which refers to the first language learned at home in childhood and still understood. The <u>language most often spoken at home</u> is used to designate the home language. <u>Knowledge of official languages</u> indicates the official language in which a person can carry on a conversation. The <u>language used most often at work</u> indicates the language spoken most frequently at work.

CHSSN: Networking and Partnership Initiative

The CHSSN Networking and Partnership Initiative Program¹⁷ (NPI) is intended to support the development of the capacity of Quebec's English-speaking communities to ensure their vitality

The data is from the long questionnaire of the Canadian Census which is administered to 20% of the Canadian population. Caution should be used in interpreting data in territories where there are low population counts. Due to rounding and data suppression to guarantee anonymity, the sums of individual items may not equal the total given. Accordingly, calculated percentages may not equal 100%.

National governments and health organizations around the world have identified a broad range of social, economic and environmental factors that have been demonstrated to have a strong influence on the health of populations and individuals. Health Canada outlines various determinants of health – some of which are social determinants – such as income and social status, social support networks, education, employment and working conditions, health services, physical and social environments, biology and genetic endowment, personal health practices and coping skills, healthy child development, gender and culture See Health Canada. (1998) *Taking Action on population health: a position paper for Health Promotion and Programs Branch staff,* Health and Welfare Canada. See also, Raphael, Dennis. (Ed.) (2002) *Social Determinants of Health: Canadian Perspectives*. Toronto: Canadian Scholar's Press Inc.

¹⁷ http://www.chssn.org/En/Networking Partnership.html

through cooperation and partnership with the health and social services system in order to improve, develop, and maintain access to the full range of services for Quebec's English-speaking minority communities. To achieve this, the Program funds the development of community networks within English-speaking communities consistent with the territories served by Quebec's health and social services centres (CSSS).

A community network is a formal grouping of community, institutional and other partners of the health and social services network. The goal is to improve access to health and social services through partnership initiatives, cooperation with and participation in the public system, provision of information on community needs, support for the volunteer and community resources sector, and the promotion of services adapted to the needs of English-speaking people.



Series of Tables – Demographic Characteristics

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Demographic Size

Studies have confirmed that language barriers affect access and quality of care for linguistic minority communities. Obstacles to communication can reduce recourse to preventative services; increase consultation time including the number of tests and the possibility of diagnostic and treatment errors; affect the quality of services requiring effective communication such as social services; reduce the probability of treatment compliance and reduce users' satisfaction with the services received. In the complex context of a medical situation, where the communication between care provider and patient is a key factor in the achievement of a positive health outcome, it is not surprising that the language spoken most often is considered the most effective. The treatment by health professionals of sensitive issues such as cancer, addiction, or depression, requires ease of communication as a feature of building trust and offering comfort to patients.

Table 1 - Population Size

| Population Size | | Province of Québec | 06 - RSS de Montréal | 0605 - CSSS Lucille- Teasdale |
|---------------------|------------|--------------------|-------------------------|----------------------------------|
| FOLC Anglenhouse | number | 994,720 | 595,920 | 14,950 |
| FOLS - Anglophones | percentage | 13.4% | 32.7% | 8.9% |
| FOIC Franconhones | number | 6,373,223 | 1,182,485 | 150,805 |
| FOLS - Francophones | percentage | 85.7% | 64.8% | 89.8% |
| Total nanulation | number | 7,435,900 | 1,823,905 | 167,975 |
| Total population | percentage | 100.0% | 100.0% | 100.0% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

- Across Quebec, there are 994,720 English-speakers, representing 13.4% of Quebec's total population.
- There are 595,920 Anglophones living in the RSS de Montréal where they represent 32.7% of the region's population. This is a higher share than the overall provincial share for Anglophones.
- In CSSS Lucille-Teasdale, we find 14,950 Anglophones where they represent 8.9% of the population. This is a higher proportion than that represented by Anglophones across the RSS de Montréal.

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See Bowen, S. (2001). Language Barriers in Access to Health Care, Ottawa: Health Canada. Also, Jacobs, E, and A. Chen, L. Karliner, N. Agger-Gupta & S. Mutha. (2006). "The Need for More Research on Language Barriers in Health Care: A Proposed Research Agenda". The Millbank Quarterly, Vol. 84, No.1, pp.111-133.

Age Structure

The distribution of the English-speaking population across age categories, and the extent to which language majority and minority communities differ in accordance to age, is important in understanding their distinct health needs and resources. Each stage of life tends to be associated with specific health and social service needs. The way these needs are met by public provisions and families must also take the age and age-related competencies of the client group into consideration. Typically, the age structure of the majority is important in shaping the scope and design of available health services and programs. Improving the health and the vitality of all citizens residing in this CSSS requires awareness of the problems that are pressing for the minority and may be overlooked in the focus on the majority, and, awareness of problems that are shared by both language groups but are being met with solutions that are not equally accessible for both.

Research in recent years has underlined the crucial role of childhood development in the long-term health of individuals and communities. Like every age group, youth are characterized by health and social service needs specific to their stage of life. For example, the respondents of the Quebec Health and Social Survey (1998) aged 15-24 years of age reported the highest levels of psychological distress and survey respondents with high levels of psychological distress, were more likely to report suicidal ideas and suicidal attempts. Anglophone respondents to the survey were more than twice as likely as Francophones to perceive their mental health as poor.¹⁹

While the large portion of seniors does not necessarily mean a "sicker" group, it does imply an increased tendency towards health needs that are more characteristic of individuals in their later years. For example, chronic diseases such as arthritis, rheumatism, diabetes and heart disease are more prevalent among older individuals as well as are activity limitations that, we learn from the Quebec Social and Health Survey (1998), are due primarily to mental health and osteoarticular (bone/joint) problems. Publicly provided home healthcare and home care services are likely to be in high demand by communities with a large number of seniors.

Table 2 - Age Structure of the Population

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| Age Structure of the Population | Province | Province of Québec | | e Montréal | 0605 - CSSS Lucille- Teasdale | | |
|---------------------------------|-------------------|--------------------|---------|------------|----------------------------------|---------|--|
| | English French | | English | French | English | French | |
| Total - Age groups | 994,720 | 6,373,223 | 595,920 | 1,182,485 | 14,950 | 150,805 | |
| 0-14 years | 159,660 | 1,068,283 | 92,240 | 179,478 | 1,635 | 19,103 | |
| 15-24 years | 134,400 | 808,725 | 82,970 | 150,545 | 1,930 | 18,945 | |
| 25-44 years | 313,505 1,749,930 | | 195,600 | 366,688 | 5,660 | 49,628 | |
| 45-64 years | 254,675 | 1,899,995 | 146,315 | 314,128 | 3,565 | 40,448 | |

Pocock, J. (2008) "Baseline Data Report 2007-2008. Quebec's Social and Health Survey Information." Community Health and Social Services Network (CHSSN), pp.115-126. www.chssn.org

| Age Structure of the Population | Province (| Province of Québec | | e Montréal | 0605 - CSSS Lucille- Teasdale | |
|---------------------------------|------------|--------------------|--------|------------|----------------------------------|--------|
| | English | h French English | | French | English | French |
| (continued) 65+ years | 132,480 | 846,290 | 78,795 | 171,648 | 2,160 | 22,683 |
| Total - Age groups | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| 0-14 years | 16.1% | 16.8% | 15.5% | 13.5% | 10.9% | 12.7% |
| 15-24 years | 13.5% | 12.7% | 13.9% | 12.7% | 12.9% | 12.6% |
| 25-44 years | 31.5% | 27.5% | 32.8% | 31.0% | 37.9% | 32.9% |
| 45-64 years | 25.6% | 29.8% | 24.6% | 26.6% | 23.8% | 26.8% |
| 65+ years | 13.3% | 13.3% | 13.2% | 14.5% | 14.4% | 15.0% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Children (aged 0-14)

- Across Quebec, there are 159,660 English-speaking children aged 0-14, representing 16.1% of the Anglophone population. The proportion of children in the Anglophone population is similar to that in the Francophone majority population in Quebec.
- There are 92,240 English-speaking children aged 0-14 living in the RSS de Montréal where
 they account for 15.5% of the population. The proportion of children in the RSS Anglophone
 population is lower than their proportion in the RSS Francophone majority population. This
 proportion is much higher than that formed by Anglophone children across the province.
- In CSSS Lucille-Teasdale, we find 1,635 Anglophone children aged 0-14 where they represent 10.9% of the population. This is a lower share than that exhibited by English-speaking children across the RSS de Montréal region. The proportion of children in the CSSS Anglophone population is lower than their share in the CSSS Lucille-Teasdale Francophone majority population.

Seniors (aged 65 and over)

- Across Quebec, there are 132,480 English-speaking seniors aged 65+ representing 13.3% of the Anglophone population. The proportion of seniors in the Anglophone population is similar to that found in the Francophone majority population in Quebec.
- There are 78,795 Anglophone seniors aged 65+ living in the RSS de Montréal where they account for 13.2% of the population. This is a lower share than that of Anglophone seniors across the province. The proportion of seniors in the RSS Anglophone population is lower than their proportion in the Francophone majority population.
- In CSSS Lucille-Teasdale, we find 2,160 Anglophone seniors aged 65+ where they account for 14.4% of the population. This is a higher share than that of English-speaking seniors across the RSS de Montréal region. The proportion of seniors in the Anglophone population

is similar to their proportion in the Francophone majority population in the CSSS Lucille-Teasdale.

Income

Long-standing and substantial research provides evidence that income is a key determinant of the level of health and well-being experienced by communities and their members. The Quebec Social and Health Survey (1998) reveals a significant link between lower income households and the likelihood of a poor health status among Quebec citizens. For these vulnerable households barriers to access to public health services loom large as they cannot afford private care services nor are they likely to have access to work-related benefits or private insurance coverage.

Table 3 - Income

| Population 15+ years, by Income Group | Province | of Québec | 06 - RSS d | e Montréal | 0605 - CSSS Lucille- Teasdale | |
|--|----------------|-----------|------------|------------|----------------------------------|---------|
| z, mesme steap | English French | | English | French | English | French |
| Total - Income groups | 835,060 | 5,304,940 | 503,680 | 1,003,008 | 13,315 | 131,703 |
| Under \$10,000 | 230,360 | 1,243,333 | 143,825 | 249,656 | 3,710 | 31,135 |
| \$10,000 - \$29,999 | 299,310 | 1,954,988 | 181,250 | 380,773 | 5,420 | 52,605 |
| \$30,000 - \$49,999 | 162,130 | 1,223,805 | 92,520 | 211,085 | 2,645 | 30,018 |
| \$50,000 and over | 143,255 | 882,816 | 86,090 | 161,488 | 1,520 | 17,961 |
| Total - Income groups | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| Under \$10,000 | 27.6% | 23.4% | 28.6% | 24.9% | 27.9% | 23.6% |
| \$10,000 - \$29,999 | 35.8% | 36.9% | 36.0% | 38.0% | 40.7% | 39.9% |
| \$30,000 - \$49,999 | 19.4% | 23.1% | 18.4% | 21.0% | 19.9% | 22.8% |
| \$50,000 and over | 17.2% | 16.6% | 17.1% | 16.1% | 11.4% | 13.6% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Earning less than \$10k

• Across Quebec, there are 230,360 English-speakers aged 15+ earning less than \$10k. This group represents 27.6% of the 15+ English-speaking population. The proportion of Anglophones earning less than \$10k is higher than that found in the Francophone majority population in Quebec.

²⁰ For discussion of the survey, see Pocock, J. (2008) "Baseline Data Report 2007-2008. *Quebec's Social and Health Survey Information*." Community Health and Social Services Network (CHSSN). www.chssn.org

- There are 143,825 English-speakers aged 15+ earning less than \$10k in the RSS de Montréal where they represent 28.6% of the population. This is a higher share than that experienced by the provincial Anglophone population. The proportion of those earning less than \$10k in the RSS Anglophone population is higher than the proportion in the Francophone majority population.
- In CSSS Lucille-Teasdale, we find 3,710 English-speakers earning less than \$10k where they account for 27.9% of the population. This is a higher share than that experienced by English-speakers across the RSS de Montréal region. The proportion of those earning less than \$10k in the CSSS Anglophone population is higher than the proportion for the Francophone majority population in CSSS Lucille-Teasdale.

Earning \$50k and over

- Across Quebec, there are 143,255 Anglophones earning over \$50k representing 17.2% of the Anglophone population. The proportion of high earners in the Anglophone population is similar to that found in the Francophone majority population in Quebec.
- There are 86,090 English-speakers earning over \$50k living in the RSS de Montréal where they represent 17.1% of the population. This is higher than the proportion of English-speaking high earners across the province. The proportion of high earners in the RSS English-speaking population is lower than the share of high earners in the Francophone majority population in the RSS.
- In CSSS Lucille-Teasdale, we find 1,520 Anglophone high earners where they represent 11.4% of the population. This is a lower share than that experienced by Anglophone high earners across the RSS de Montréal region. The proportion of high earners in the CSSS Anglophone population is lower than the proportion of high earners in the same CSSS Francophone majority population.

Household Living Arrangements

Household living arrangements may be used as an indicator of groups within a population who are vulnerable to a poor health status. For example, the Quebec Social and Health Survey (1998) revealed that parents of minors living in lone parent households were more likely to report food insecurity, high levels of psychological distress and having more than one health problem compared to parents with other household arrangements.²¹ Individuals living alone may lack the important health benefits of a strong support network in the event of activity limitations due to illness or aging.

For discussion of the survey, see Pocock, J. (2008) "Baseline Data Report 2007-2008. Quebec's Social and Health Survey Information." Community Health and Social Services Network (CHSSN). www.chssn.org

Table 4 - Population by Household Living Arrangements

| Population by Household Living Arrangements | Province | of Québec | 06 - RSS de Montréal | | 0605 - CSSS Lucille- Teasdale | |
|---|----------|-----------|----------------------|-----------|----------------------------------|---------|
| | English | French | English | French | English | French |
| Total - Household living arrangements | 994,720 | 6,373,223 | 595,920 | 1,182,485 | 14,950 | 150,805 |
| Total - Persons in private households | 991,735 | 6,336,945 | 594,670 | 1,175,320 | 14,885 | 149,835 |
| Total - Persons in Census family households | 820,545 | 5,186,923 | 475,465 | 851,143 | 11,250 | 97,253 |
| Persons in married or common-law couples families | 703,005 | 4,441,050 | 403,320 | 684,943 | 9,330 | 75,128 |
| Persons in lone-parent families | 117,540 | 745,870 | 72,150 | 166,205 | 1,915 | 22,125 |
| Total - Persons in non-Census family households | 171,190 | 1,150,013 | 119,205 | 324,175 | 3,635 | 52,588 |
| Living with relatives | 20,835 | 105,635 | 13,605 | 28,568 | 315 | 3,535 |
| Living with non-relatives only | 30,705 | 188,028 | 23,080 | 64,515 | 805 | 11,283 |
| Living alone | 119,655 | 856,350 | 82,520 | 231,095 | 2,520 | 37,775 |
| Total - Household living arrangements | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| Total - Persons in private households | 99.7% | 99.4% | 99.8% | 99.4% | 99.6% | 99.4% |
| Total - Persons in Census family households | 82.5% | 81.4% | 79.8% | 72.0% | 75.3% | 64.5% |
| Persons in married or common-law couples families | 70.7% | 69.7% | 67.7% | 57.9% | 62.4% | 49.8% |
| Persons in lone-parent families | 11.8% | 11.7% | 12.1% | 14.1% | 12.8% | 14.7% |
| Total - Persons in non-Census family households | 17.2% | 18.0% | 20.0% | 27.4% | 24.3% | 34.9% |
| Living with relatives | 2.1% | 1.7% | 2.3% | 2.4% | 2.1% | 2.3% |
| Living with non-relatives only | 3.1% | 3.0% | 3.9% | 5.5% | 5.4% | 7.5% |
| Living alone | 12.0% | 13.4% | 13.8% | 19.5% | 16.9% | 25.0% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Living in census families²²

- Across Quebec, there are 820,545 Anglophones living in census families. This group represents 82.5% of the 15+ Anglophone population. The proportion of Anglophones living in census families is similar to that found in the Francophone majority population in Ouebec.
- There are 475,465 English-speakers living in census families in the RSS de Montréal where
 they comprise 79.8% of the population. This is a lower share than that comprised by the
 provincial English-speaking population. The proportion of those living in census families in
 the RSS English-speaking population is higher than the proportion in the RSS Francophone
 majority population.
- In CSSS Lucille-Teasdale, we find 11,250 English-speakers living in census families where they account for 75.3% of the population. This is a lower share than that accounted for by English-speakers across the RSS de Montréal region. The proportion of English-speakers living in census families in the Anglophone population is higher than the proportion represented by the Francophone majority population in CSSS Lucille-Teasdale.

Living in lone-parent families

- Across Quebec, there are 117,540 English-speakers living in lone-parent families. This group represents 11.8% of the Anglophone population. The proportion of Anglophones living in lone-parent families is similar to the proportion found in the Francophone majority population in Quebec.
- There are 72,150 English-speakers living in lone-parent families in the RSS de Montréal where they account for 12.1% of the population. The proportion of those living in lone-parent families in the RSS English-speaking population is lower than the proportion found in the RSS Francophone majority population. The proportion is higher than that found in the provincial English-speaking population.
- In CSSS Lucille-Teasdale, we find 1,915 English-speakers living in lone-parent families where they represent 12.8% of the population. This is lower than the proportion represented by the Francophone majority population in CSSS Lucille-Teasdale. The proportion of Anglophones living in lone-parent families in the CSSS Lucille-Teasdale Anglophone population is higher than the proportion, we find for English-speakers across the RSS de Montréal region.

Living alone

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Under Statistics Canada's terminology, a census family refers "to a married couple (with or without children of either or both spouses), a couple living common-law (with or without children of either or both partners) or a lone parent of any marital status, with at least one child living in the same dwelling. A couple may be of opposite or same sex. 'Children' in a census family include grandchildren living with their grandparent(s) but with no parents present."

(http://www12.statcan.gc.ca/census-recensement/2006/ref/dict/pdf/92-566-eng.pdf)

- Across Quebec, there are 119,655 English-speakers living alone. This group represents 12% of the Anglophone population. The proportion of Anglophones living alone is lower than that found in the Francophone majority population in Quebec.
- There are 82,520 English-speakers living alone in the RSS de Montréal where they account for 13.8% of the population. This is a higher share than that accounted for by the provincial Anglophone population. The proportion of those living alone in the RSS Anglophone population is much lower than the proportion found in the RSS Francophone majority population.
- In CSSS Lucille-Teasdale, we find 2,520 English-speakers living alone where they represent 16.9% of the population. This is a higher share than that exhibited by English-speakers across the RSS de Montréal region. The proportion of those living alone in the CSSS Anglophone population is much lower than the proportion exhibited by the Francophone majority population in CSSS Lucille-Teasdale.

Low-Income Cut-off

Although there is no official measure of poverty in Canada, the Statistics Canada measure of Low Income Cut-Offs (LICO) is probably the best known. Commonly known as the "poverty line", LICO uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low income cut-off category. People who live below a set of income cut-offs may be said to live in "straitened circumstances". ²³ The following table considers the population living below LICO by language, administrative territory and age group.

Table 5 - Population Living Below LICO, Within Age Groups

| Population Living Below the Low-Income Cut-off (LICO) Level, | Province | Province of Québec | | 06 - RSS de Montréal | | 0605 - CSSS Lucille- Teasdale | |
|---|---------------|--------------------|---------------|-------------------------|---------|----------------------------------|--|
| Across Age Groups | English | French | English | French | English | French | |
| Total - Age groups | 218,835 | 1,016,688 | 161,045 | 344,310 | 4,650 | 47,318 | |
| 0-14 years | 35,605 | 179,618 | 25,410 | 65,598 | 550 | 7,058 | |
| 15-24 years | 35,985 | 146,435 | 27,860 | 54,248 | 700 | 7,628 | |
| 25-44 years | 74,855 | 258,773 | 58,215 | 103,223 | 1,765 | 13,915 | |
| 45-64 years | 47,330 | 266,655 | 32,195 | 69,970 | 985 | 10,648 | |
| 65+ years | 25,060 | 165,208 | 17,365 | 51,273 | 650 | 8,071 | |
| Proportion | of those belo | w LICO within | n the age gro | oup | | | |
| Total - Age groups | 22.0% | 16.0% | 27.0% | 29.1% | 31.1% | 31.4% | |
| 0-14 years | 22.3% | 16.8% | 27.5% | 41.1% | 33.6% | 36.9% | |
| 15-24 years | 26.8% | 18.1% | 33.6% | 36.0% | 36.3% | 40.3% | |
| 25-44 years | 23.9% | 14.8% | 29.8% | 28.2% | 31.2% | 28.0% | |
| 45-64 years | 18.6% | 14.0% | 22.0% | 22.3% | 27.6% | 26.3% | |
| 65+ years | 18.9% | 19.5% | 22.0% | 29.9% | 30.1% | 35.6% | |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French. The percentages shown here are calculated against the total in a particular age group for linguistic groups in the given territories.

²³ See "Low Income in Canada: 2000-2007 Using the Market Basket Measure" August 2009 by Human Resources and Skills Development Canada for a breakdown on various Low Income Measurements. Available online at http://www.hrsdc.gc.ca/eng/publications

Population living below the low income cut-off (LICO)

- The percentages given here compare the number below LICO in a given age group with the
 total number in that age group as presented in Table 2 Age Structure of the Population of
 this document.
- Across Quebec, there are 218,835 English-speakers living below LICO. This group accounts
 for 22% of the population. The proportion of Anglophones living below LICO is much
 higher than the proportion doing so in the Francophone majority population in Quebec.
- There are 161,045 English-speakers living below LICO in the RSS de Montréal where they
 represent 27% of the regional Anglophone population. The proportion of those living below
 LICO in the RSS Anglophone population is lower than the proportion found in the RSS
 Francophone majority population. This Anglophone RSS proportion is higher than the
 proportion for Quebec Anglophones in general.
- In CSSS Lucille-Teasdale, we find 4,650 English-speakers living below LICO where they represent 31.1% of the English-speaking population. This is similar to the proportion for the Francophone majority population in the same CSSS. The proportion of those living below LICO in the CSSS English-speaking population is higher than the proportion for English-speakers across the RSS de Montréal.

Children (0-14) living below the low income cut-off (LICO)

- Across Quebec, there are 35,605 English-speaking children living below LICO. This group represents 22.3% of the population of children. The proportion of Anglophone children living below LICO is much higher than the proportion found for children in the Francophone majority population in Quebec.
- There are 25,410 English-speaking children living below LICO in the RSS de Montréal where they account for 27.5% of the regional Anglophone children's population. The proportion of children living below LICO in the RSS Anglophone population is much lower than the proportion in the RSS Francophone majority children's population. This proportion is higher than that experienced by English-speaking children across the province.
- In CSSS Lucille-Teasdale, we find 550 English-speaking children living below LICO where they represent 33.6% of the Anglophone children's population. This proportion is lower than the proportion experienced by the Francophone majority children's population in the same CSSS. The proportion of those children living below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speaking children across the RSS de Montréal region.

Seniors (65+) living below the low income cut-off (LICO)

• Across Quebec, there are 25,060 English-speaking seniors living below LICO. This group represents 18.9% of the English-speaking senior population. The proportion of Anglophone seniors living below LICO is similar to the proportion of seniors living below LICO in the Francophone majority population in Quebec.

- There are 17,365 English-speaking seniors living below LICO in the RSS de Montréal where
 they account for 22% of the regional English-speaking senior population. The proportion of
 those seniors living below LICO in the RSS English-speaking senior population is much
 lower than the proportion in the RSS Francophone majority senior population. This
 proportion is higher than that experienced by English-speaking seniors across the province.
- In CSSS Lucille-Teasdale, we find 650 English-speaking seniors living below LICO where they represent 30.1% of the Anglophone senior population. This is lower than the proportion experienced by the Francophone majority senior population living below LICO in the same CSSS. The proportion of seniors living below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speaking seniors across the RSS de Montréal region.

Table 6 - Population Living Below LICO, by Household Living Arrangements

| Population Living Below the Low-Income Cut-off Level (LICO), | Province | of Québec | 06 - RSS de Montréal | | 0605 - CSSS Lucille- Teasdale | |
|---|---------------|---------------|-------------------------|----------|----------------------------------|--------|
| by Household Living Arrangements | English | French | English | French | English | French |
| Total - Household living arrangements | 218,835 | 1,016,688 | 161,045 | 344,310 | 4,650 | 47,318 |
| Total - Persons in private households | 218,840 | 1,016,688 | 161,045 | 344,313 | 4,645 | 47,328 |
| Total - Persons in Census family households | 144,340 | 574,715 | 104,515 | 196,813 | 2,690 | 22,823 |
| Persons in married or common-law couples families | 107,120 | 369,775 | 77,835 | 128,738 | 1,875 | 13,385 |
| Persons in lone-parent families | 37,225 | 204,935 | 26,675 | 68,078 | 825 | 9,428 |
| Total - Persons in non-Census family households | 74,490 | 441,975 | 56,530 | 147,503 | 1,955 | 24,515 |
| Living with relatives | 5,130 | 19,180 | 4,055 | 8,215 | 85 | 893 |
| Living with non-relatives only | 19,775 | 97,140 | 15,860 | 37,775 | 525 | 6,368 |
| Living alone | 49,585 | 325,655 | 36,620 | 101,508 | 1,335 | 17,248 |
| Proportion of tho | se below LICO | O by househol | d living arra | ngements | | |
| Total - Household living arrangements | 22.0% | 16.0% | 27.0% | 29.1% | 31.1% | 31.4% |
| Total - Persons in private households | 22.1% | 16.0% | 27.1% | 29.3% | 31.2% | 31.6% |
| Total - Persons in Census family households | 17.6% | 11.1% | 22.0% | 23.1% | 23.9% | 23.5% |
| Persons in married or common-law couples families | 15.2% | 8.3% | 19.3% | 18.8% | 20.1% | 17.8% |
| Persons in lone-parent families | 31.7% | 27.5% | 37.0% | 41.0% | 43.1% | 42.6% |
| Total - Persons in non-Census family households | 43.5% | 38.4% | 47.4% | 45.5% | 53.8% | 46.6% |
| Living with relatives | 24.6% | 18.2% | 29.8% | 28.8% | 27.0% | 25.3% |
| Living with non-relatives only | 64.4% | 51.7% | 68.7% | 58.6% | 65.2% | 56.4% |
| Living alone | 41.4% | 38.0% | 44.4% | 43.9% | 53.0% | 45.7% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French. The percentages shown here are calculated against the total in a particular age group for linguistic groups in the given territories.

Persons in census family households living below the low income cut-off (LICO)

- The percentages given here compare the number below LICO in a given household living arrangement with the total number in that arrangement as presented in Table 4 Household Living Arrangements in this document.
- Across Quebec, there are 144,340 English-speaking persons in census family households living below LICO. This group represents 17.6% of the Anglophone population in census

family households. The proportion of English-speaking persons in census family households living below LICO is much higher than the proportion found in the Francophone majority population in Quebec living below LICO in census family households.

- There are 104,515 English-speaking persons in census family households living below LICO in the RSS de Montréal where they represent 22% of the regional English-speaking population. The proportion of persons in census family households living below LICO in the RSS English-speaking population is similar to the proportion in the RSS Francophone majority population. The proportion in the RSS English-speaking population is higher than that found in the provincial English-speaking population.
- In CSSS Lucille-Teasdale, we find 2,690 English-speakers persons in census family households living below LICO where they account for 23.9% of the Anglophone population. This is similar to the proportion experienced by the Francophone majority population in the same CSSS. The proportion of those persons in census family households living below LICO in the CSSS Anglophone population is higher than the proportion found in the Anglophone population of the RSS de Montréal region.

Persons in lone-parent families living below the low income cut-off (LICO)

- Across Quebec, there are 37,225 English-speaking persons in lone-parent families living below LICO. This group represents 31.7% of the English-speaking population living in loneparent families. The proportion of English-speaking persons in lone-parent families living below LICO is higher than the proportion found in the Francophone majority population in Quebec living in lone parent families.
- There are 26,675 English-speaking persons in lone-parent families living below LICO in the RSS de Montréal where they account for 37% of the regional Anglophone lone-parent family population. The proportion of persons in lone-parent families living below LICO in the RSS Anglophone population is lower than the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that found in the provincial Anglophone population.
- In CSSS Lucille-Teasdale, we find 825 English-speakers persons in lone-parent families living below LICO where they account for 43.1% of the Anglophone lone-parent family population. This is similar to the proportion experienced by the Francophone majority lone-parent family population in the same CSSS. The proportion of persons in lone-parent families living below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speakers across the RSS de Montréal region.

Persons living alone and living below the low income cut-off (LICO)

 Across Quebec, there are 37,225 English-speaking persons in lone-parent families living below LICO. This group represents 31.7% of the English-speaking population living in loneparent families. The proportion of English-speaking persons in lone-parent families living

- below LICO is higher than the proportion found in the Francophone majority population in Quebec living in lone parent families.
- There are 26,675 English-speaking persons in lone-parent families living below LICO in the RSS de Montréal where they account for 37% of the regional Anglophone lone-parent family population. The proportion of persons in lone-parent families living below LICO in the RSS Anglophone population is lower than the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that found in the provincial Anglophone population.
- In CSSS Lucille-Teasdale, we find 825 English-speakers persons in lone-parent families living below LICO where they account for 43.1% of the Anglophone lone-parent family population. This is similar to the proportion experienced by the Francophone majority lone-parent family population in the same CSSS. The proportion of persons in lone-parent families living below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speakers across the RSS de Montréal region.

Highest Educational Attainment

In many ways, education is an important determinant of the health status of a community. In Canada, the level of education achieved by an individual tends to be an indicator of social status, and ideally, a predictor of economic opportunity. The overall level of health literacy and preventative health practice enjoyed by a community also tends to be associated with the years of schooling by those included among its members²⁴.

Table 7 - Highest Educational Certification, for Selected Age Groups

| Highest Educational Certifica by Selected Age Groups | | Province (| of Québec | 06 - RSS de | e Montréal | 0605 - CSSS Lucille- Teasdale | |
|---|-------------|------------|-----------|-------------|------------|----------------------------------|---------|
| | | English | French | English | French | English | French |
| | Total | 835,065 | 5,304,940 | 503,680 | 1,003,015 | 13,310 | 131,713 |
| Total - Highest certificate, diploma or degree | 25-44 years | 313,505 | 1,749,930 | 195,595 | 366,688 | 5,660 | 49,630 |
| | 45-64 years | 254,680 | 1,899,995 | 146,320 | 314,130 | 3,565 | 40,448 |
| | Total | 373,040 | 2,514,340 | 208,150 | 422,843 | 6,060 | 59,100 |
| High school certificate or less | 25-44 years | 94,615 | 523,153 | 52,730 | 91,545 | 1,495 | 13,198 |
| | 45-64 years | 110,255 | 875,428 | 57,975 | 127,808 | 1,715 | 18,358 |
| | Total | 77,560 | 866,628 | 38,310 | 115,958 | 1,295 | 16,533 |
| Apprenticeship or trades certificate or diploma | 25-44 years | 31,600 | 370,115 | 15,330 | 48,060 | 570 | 7,308 |
| | 45-64 years | 27,380 | 335,188 | 13,380 | 42,400 | 420 | 5,718 |
| | Total | 135,330 | 855,493 | 80,810 | 153,388 | 2,175 | 21,838 |
| College, CEGEP or other non- university certificate or diploma | 25-44 years | 60,410 | 362,373 | 35,610 | 65,308 | 1,175 | 10,163 |
| | 45-64 years | 36,530 | 282,198 | 20,440 | 43,743 | 490 | 5,873 |
| | Total | 43,450 | 256,745 | 28,845 | 62,678 | 615 | 7,878 |
| University certificate or diploma below the bachelor level | 25-44 years | 18,140 | 83,445 | 12,700 | 25,265 | 320 | 3,478 |
| | 45-64 years | 14,840 | 113,120 | 9,340 | 21,978 | 165 | 2,698 |
| | Total | 205,690 | 811,738 | 147,575 | 248,150 | 3,160 | 26,353 |
| University certificate, diploma or degree | 25-44 years | 108,740 | 410,853 | 79,230 | 136,510 | 2,110 | 15,493 |
| | 45-64 years | 65,670 | 294,060 | 45,180 | 78,208 | 770 | 7,790 |
| | Total | 44.7% | 47.4% | 41.3% | 42.2% | 45.5% | 44.9% |
| High school certificate or less | 25-44 years | 30.2% | 29.9% | 27.0% | 25.0% | 26.4% | 26.6% |

For further discussion of education as a health determinant and the Population Health Model see J. Carter, A Community Guide to the Population Health Approach. Community Health and Social Services Network (CHSSN), www.chssn.org, March 2003. See Also, D. Raphael. (ed.) Social Determinants of Health: Canadian Perspectives. (pp.1-18, 235-51) Toronto: Canadian Scholar's Press Inc. 2002

| Highest Educational Certifica by Selected Age Groups | | Province o | of Québec | 06 - RSS de | e Montréal | 0605 - CSSS Lucille- Teasdale | |
|---|-------------|------------|-----------|-------------|------------|----------------------------------|--------|
| | | English | French | English | French | English | French |
| (continued) | 45-64 years | 43.3% | 46.1% | 39.6% | 40.7% | 48.1% | 45.4% |
| | Total | 9.3% | 16.3% | 7.6% | 11.6% | 9.7% | 12.6% |
| Apprenticeship or trades certificate or diploma | 25-44 years | 10.1% | 21.2% | 7.8% | 13.1% | 10.1% | 14.7% |
| or alpionia | 45-64 years | 10.8% | 17.6% | 9.1% | 13.5% | 11.8% | 14.1% |
| | Total | 16.2% | 16.1% | 16.0% | 15.3% | 16.3% | 16.6% |
| College, CEGEP or other non- university certificate or diploma | 25-44 years | 19.3% | 20.7% | 18.2% | 17.8% | 20.8% | 20.5% |
| annersity continuate of alpienia | 45-64 years | 14.3% | 14.9% | 14.0% | 13.9% | 13.7% | 14.5% |
| | Total | 5.2% | 4.8% | 5.7% | 6.2% | 4.6% | 6.0% |
| University certificate or diploma below the bachelor level | 25-44 years | 5.8% | 4.8% | 6.5% | 6.9% | 5.7% | 7.0% |
| below the bachelor level | 45-64 years | 5.8% | 6.0% | 6.4% | 7.0% | 4.6% | 6.7% |
| University certificate, diploma or degree | Total | 24.6% | 15.3% | 29.3% | 24.7% | 23.7% | 20.0% |
| | 25-44 years | 34.7% | 23.5% | 40.5% | 37.2% | 37.3% | 31.2% |
| 0 | 45-64 years | 25.8% | 15.5% | 30.9% | 24.9% | 21.6% | 19.3% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Population aged 15+, high school diploma or less

- Across Quebec, there are 373,040 Anglophones 15+ with a high school diploma or less. This group accounts for 44.7% of the 15+ Anglophone population. The proportion of Anglophones 15+ with a high school diploma or less is lower than that found in the 15+ Francophone majority population in Quebec.
- There are 208,150 Anglophones 15+ with a high school diploma or less in the RSS de Montréal where they account for 41.3% of the regional 15+ Anglophone population. The proportion of those 15+ with a high school diploma or less in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is lower than that exhibited by Anglophones across the province.
- In CSSS Lucille-Teasdale, we find 6,060 Anglophones 15+ with a high school diploma or less where they represent 45.5% of the Anglophone 15+ population. This is similar to the proportion exhibited by the Francophone majority 15+ population in the same CSSS. The proportion of those 15+ with a high school diploma or less in the CSSS Anglophone population is higher than the proportion exhibited by the Anglophones across the RSS de Montréal region.

Population 25-44, high school diploma or less

- Across Quebec, there are 94,615 Anglophones aged 25-44 with a high school diploma or less. This group represents 30.2% of the Anglophone population aged 25 to 44. The proportion of Anglophones aged 25-44 with a high school diploma or less is similar to that found in the Francophone majority population in Quebec in the same age cohort.
- There are 52,730 Anglophones aged 25-44 with a high school diploma or less in the RSS de Montréal where they account for 27% of the regional Anglophone population. The proportion of those aged 25-44 with a high school diploma or less in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population in that age group. This proportion is lower than that exhibited by Anglophones across the province in the same age cohort.
- In CSSS Lucille-Teasdale, we find 1,495 Anglophones aged 25-44 with a high school diploma or less where they comprise 26.4% of the Anglophone 45-64 cohort. This is similar to the proportion in the Francophone majority 45-64 cohort in the same CSSS. The proportion of those aged 25-44 with a high school diploma or less in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the RSS de Montréal region.

Population 45-64, high school diploma or less

- In Quebec, there are 110,255 Anglophone aged 45-64 with a high school diploma or less. This group represents 43.3% of the Anglophone population. The proportion of Anglophones aged 45-64 with a high school diploma or less is lower than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 57,975 Anglophones aged 45-64 with a high school diploma or less in the RSS de Montréal where they account for 39.6% of the regional Anglophone population. The proportion of those aged 45-64 with a high school diploma or less in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is lower than that exhibited by the province's Anglophones.
- In CSSS Lucille-Teasdale, we find 1,715 Anglophones aged 45-64 with a high school diploma
 or less where they comprise 48.1% of the Anglophone population. This is higher than the
 proportion exhibited by the Francophone majority population in the same CSSS. The
 proportion of those aged 45-64 with a high school diploma or less in the CSSS Anglophone
 population is higher than the proportion exhibited by Anglophones across the RSS.

Population aged 15+, university degree or higher

- In Quebec, there are 205,690 Anglophone 15+ with a university degree or higher. This group represents 24.6% of the Anglophone population. The proportion of Anglophones 15+ with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 147,575 Anglophones 15+ with a university degree or higher in the RSS de Montréal where they account for 29.3% of the regional Anglophone population. The

- proportion of those 15+ with a university degree or higher in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that exhibited by the province's Anglophones.
- In CSSS Lucille-Teasdale, we find 3,160 Anglophones 15+ with a university degree or higher where they represent 23.7% of the Anglophone population. This is higher than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of 15+ with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Population 25-44, university degree or higher

- In Quebec, there are 108,740 Anglophone aged 25-44 with a university degree or higher. This group accounts for 34.7% of the Anglophone population. The proportion of Anglophones aged 25-44 with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 79,230 Anglophones aged 25-44 with a university degree or higher in the RSS de Montréal where they represent 40.5% of the regional Anglophone population. The proportion of those aged 25-44 with a university degree or higher in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population. This RSS Anglophone proportion is higher than that exhibited by the province's Anglophones.
- In CSSS Lucille-Teasdale, we find 2,110 Anglophones aged 25-44 with a university degree or higher where they comprise 37.3% of the Anglophone population. This is higher than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of aged 25-44 with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Population 45-64, university degree or higher

- In Quebec, there are 65,670 Anglophone aged 45-64 with a university degree or higher. This group represents 25.8% of the Anglophone population. The proportion of Anglophones aged 45-64 with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 45,180 Anglophones aged 45-64 with a university degree or higher in the RSS de Montréal where they represent 30.9% of the regional Anglophone population. The proportion of those aged 45-64 with a university degree or higher in the RSS Anglophone population is much higher than the proportion in the RSS Francophone majority population. This RSS Anglophone proportion is higher than that exhibited by the province's Anglophones.
- In CSSS Lucille-Teasdale, we find 770 Anglophones aged 45-64 with a university degree or higher where they comprise 21.6% of the Anglophone population. This is higher than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of aged 45-64 with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Labour Force Activity

The rate and type of labour force participation experienced by a community and its members is strongly associated with health status. In industrial nations like Canada, labour force activity is linked with level of income as well as the level of social integration enjoyed by a group. Employment is an important source of social identity and a key context for the establishment of a social support network that extends beyond the workplace. For an individual, work is an important source of the self-esteem and sense of control typically associated with good mental health.²⁵

Table 8 - Labour Force Activity

| Labour Force Activity | Province | Province of Québec | | le Montréal | 0605 - CSSS Lucille- Teasdale | |
|-------------------------------|----------------|--------------------|---------|-------------|----------------------------------|---------|
| | English French | | English | French | English | French |
| Total - Labour force activity | 835,065 | 5,304,940 | 503,680 | 1,003,015 | 13,310 | 131,713 |
| In the labour force | 539,070 | 3,465,863 | 325,675 | 646,165 | 8,565 | 85,013 |
| Employed | 491,420 | 3,235,795 | 295,880 | 591,398 | 7,565 | 77,975 |
| Unemployed | 47,645 | 230,073 | 29,795 | 54,773 | 1,005 | 7,048 |
| Out of the labour force | 295,995 | 1,839,078 | 178,005 | 356,850 | 4,745 | 46,700 |
| Total - Labour force activity | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| In the labour force | 64.6% | 65.3% | 64.7% | 64.4% | 64.4% | 64.5% |
| Employed | 91.2% | 93.4% | 90.9% | 91.5% | 88.3% | 91.7% |
| Unemployed | 8.8% | 6.6% | 9.1% | 8.5% | 11.7% | 8.3% |
| Out of the labour force | 35.4% | 34.7% | 35.3% | 35.6% | 35.6% | 35.5% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Unemployed

- Across Quebec, there are 47,645 Anglophones who are unemployed resulting in an unemployment rate of 8.8%. The unemployment rate of Quebec Anglophones is much higher than the unemployment rate of the Francophone majority.
- There are 29,795 unemployed Anglophones in the RSS de Montréal where they experience an unemployment rate of 9.1%. The unemployment rate of the RSS Anglophone population

For further discussion of employment and working conditions as health determinants and the Population Health Model see J. Carter, *A Community Guide to the Population Health Approach*, Community Health and Social Services Network (CHSSN), www.chssn.org, March 2003. See also D. Raphael (ed.) *Social Determinants of Health: Canadian Perspectives*. (pp.1-18, 235-51) Toronto: Canadian Scholar's Press Inc. 2002

- is higher than the unemployment rate in the RSS Francophone majority population. Their unemployment rate is higher than that experienced by the provincial Anglophone population.
- In CSSS Lucille-Teasdale, we find 1,005 unemployed Anglophones resulting in an unemployment rate of 11.7%. This is much higher than the unemployment rate experienced by the Francophone majority population in the same CSSS. The unemployment rate of the CSSS Lucille-Teasdale Anglophone population is higher than the unemployment rate experienced by English-speakers across the RSS de Montréal region.

Out of the labour force²⁶

- Across Quebec, there are 295,995 Anglophones out of the labour force. This group represents 35.4% of the Anglophone population aged 15+. The proportion of Anglophones out of the labour force is similar to that found in the Francophone majority population in Quebec age 15+.
- There are 178,005 English-speakers out of the labour force in the RSS de Montréal where they comprise 35.3% of the regional Anglophone population aged 15+. The proportion of those out of the labour force in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is lower than that exhibited by the provincial Anglophone population.
- In CSSS Lucille-Teasdale, we find 4,745 English-speakers aged 15+ out of the labour force where they account for 35.6% of the Anglophone population. This is similar to the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of those out of the labour force in the CSSS Anglophone population is higher than the proportion exhibited by English-speakers across the RSS de Montréal region.

The Statistics Canada category "out of the labour force" refers to persons 15 years and over, excluding institutional residents, who, in the past week (Sunday to Saturday) prior to Census Day (May 16, 2006), were neither employed nor unemployed. It includes students, homemakers, retired workers, and seasonal workers in an "off" season who were not looking for work because of a long-

(http://www12.statcan.gc.ca/census-recensement/2006/ref/dict/pdf/92-566-eng.pdf)

term illness or disability.

Mobility 2001-2006

The pattern of movement by a population with respect to specific administrative and geographical boundaries is a factor in assessing its demographic vitality²⁷, level of social cohesion and state of social support networks. Accessible public health and social service information is crucial in areas where a sizable percentage of the minority populations may not have an established network of family and friends. This is especially true in areas where the Anglophone community tends to be characterized by a greater percentage of newcomers from outside the province of Quebec and outside of Canada.

Table 9 - Recent Mobility (2001-2006)

| Recent Mobility of the Population | Province | Province of Québec | | le Montréal | 0605 - CSSS Lucille- Teasdale | | |
|-------------------------------------|----------|--------------------|---------|-------------|----------------------------------|---------|--|
| | English | English French | | French | English | French | |
| Total - Mobility status 5 years ago | 949,260 | 6,062,350 | 569,100 | 1,127,128 | 14,450 | 144,015 | |
| Non-movers | 577,005 | 3,763,078 | 339,470 | 620,538 | 8,000 | 74,300 | |
| Non-migrants | 188,590 | 1,255,443 | 130,600 | 329,260 | 4,120 | 48,493 | |
| Intraprovincial migrants | 82,480 | 884,918 | 27,090 | 91,755 | 405 | 14,178 | |
| arrived from outside Quebec | 101,175 | 158,908 | 71,940 | 85,580 | 1,920 | 7,035 | |
| Total - Mobility status 5 years ago | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | |
| Non-movers | 60.8% | 62.1% | 59.7% | 55.1% | 55.4% | 51.6% | |
| Non-migrants | 19.9% | 20.7% | 22.9% | 29.2% | 28.5% | 33.7% | |
| Intraprovincial migrants | 8.7% | 14.6% | 4.8% | 8.1% | 2.8% | 9.8% | |
| arrived from outside Quebec | 10.7% | 2.6% | 12.6% | 7.6% | 13.3% | 4.9% | |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Non-movers 2001-2006

- Across Quebec in 2006, there were 577,005 Anglophones who were non-movers. This group represents 60.8% of the Anglophone population. The proportion of non-movers for Quebec Anglophones is similar to that found in Quebec's Francophone majority.
- There were 339,470 Anglophone non-movers in the RSS de Montréal where they represent 59.7% of the regional Anglophone population. The non-mover proportion of the RSS

The concept of demographic vitality used in the Report to the Federal Minister of Health (2002) was a blend of demographic characteristics considered important to health. These characteristics included population size and proportion, percentage of bilingual persons in the minority community, unemployment rate and age structure. See Consultative Committee for English-speaking Minority Communities (CCESMC) 2002. Report to the Federal Minister of Health, Ottawa: Health Canada.

- Anglophone population is higher than the non-mover proportion in the RSS Francophone majority population. Their non-mover proportion is lower than that exhibited by Anglophones across the province.
- In CSSS Lucille-Teasdale, we find 8,000 Anglophone non-movers which means that the non-mover proportion is 55.4%. This is higher than the non-mover proportion exhibited by the Francophone majority population in the same CSSS. The proportion of Anglophones non-movers in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the RSS de Montréal region.

Arrivals from outside Quebec, 2001-2006

- Across Quebec, there are 101,175 Anglophones who arrived from outside Quebec between 2001 and 2006. This in-migrant group represents 10.7% of the Anglophone population. The proportion of arrivals from outside Quebec within the Quebec Anglophone population is much higher than that found in Quebec's Francophone majority.
- There are 71,940 Anglophones who arrived from outside Quebec to the RSS de Montréal where they account for 12.6% of the regional Anglophone population. The in-migrant proportion of the RSS Anglophone population is much higher than the in-migrant proportion in the RSS Francophone majority population. Their in-migrant proportion is higher than that exhibited by Anglophones across the province.
- In CSSS Lucille-Teasdale, we find 1,920 Anglophones who arrived from outside Quebec resulting in an in-migrant proportion of 13.3%. This is higher than the in-migrant proportion exhibited by the Francophone majority population in the same CSSS. The proportion of those who arrived from outside Quebec within the CSSS Anglophone population is higher than the proportion exhibited by Anglophones across the RSS de Montréal region.

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Community Health
And Social Services Network
Réseau communautaire de santé
et de services sociaux

Baseline Data Report 2009-2010

DEMOGRAPHIC PROFILE OF THE ENGLISH-SPEAKING COMMUNITIES OF CSSS D'AHUNTSIC ET MONTRÉAL-NORD REGION 06 - MONTRÉAL

Produced by Dr. Joanne Pocock and Jan Warnke

for the
Community Health and Social Services Network
(CHSSN)

March 2010

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Introduction

Purpose of this document

This document presents selected demographic characteristics of the English-speaking population of the CSSS territories in the areas covered by the organizations participating in the Networking and Partnership Initiative (NPI) of the Community Health and Social Services Network (CHSSN). The information presented is drawn from the 2006 Census of Canada.²⁸ The selection of characteristics is guided by their importance as determinants of the health status and vitality of Quebec's official language minority community.²⁹

Linguistic definitions

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. This report uses the First Official Language Spoken (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province.

Other definitions include <u>Mother tongue</u> which refers to the first language learned at home in childhood and still understood. The <u>language most often spoken at home</u> is used to designate the home language. <u>Knowledge of official languages</u> indicates the official language in which a person can carry on a conversation. The <u>language used most often at work</u> indicates the language spoken most frequently at work.

CHSSN: Networking and Partnership Initiative

The CHSSN Networking and Partnership Initiative Program³⁰ (NPI) is intended to support the development of the capacity of Quebec's English-speaking communities to ensure their vitality

²⁸ The data is from the long questionnaire of the Canadian Census which is administered to 20% of the Canadian population. Caution should be used in interpreting data in territories where there are low population counts. Due to rounding and data suppression to guarantee anonymity, the sums of individual items may not equal the total given. Accordingly, calculated percentages may not equal 100%.

National governments and health organizations around the world have identified a broad range of social, economic and environmental factors that have been demonstrated to have a strong influence on the health of populations and individuals. Health Canada outlines various determinants of health – some of which are social determinants – such as income and social status, social support networks, education, employment and working conditions, health services, physical and social environments, biology and genetic endowment, personal health practices and coping skills, healthy child development, gender and culture See Health Canada. (1998) *Taking Action on population health: a position paper for Health Promotion and Programs Branch staff,* Health and Welfare Canada. See also, Raphael, Dennis. (Ed.) (2002) *Social Determinants of Health: Canadian Perspectives*. Toronto: Canadian Scholar's Press Inc.

³⁰ http://www.chssn.org/En/Networking Partnership.html

through cooperation and partnership with the health and social services system in order to improve, develop, and maintain access to the full range of services for Quebec's English-speaking minority communities. To achieve this, the Program funds the development of community networks within English-speaking communities consistent with the territories served by Quebec's health and social services centres (CSSS).

A community network is a formal grouping of community, institutional and other partners of the health and social services network. The goal is to improve access to health and social services through partnership initiatives, cooperation with and participation in the public system, provision of information on community needs, support for the volunteer and community resources sector, and the promotion of services adapted to the needs of English-speaking people.



Series of Tables – Demographic Characteristics

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Demographic Size

Studies have confirmed that language barriers affect access and quality of care for linguistic minority communities. Obstacles to communication can reduce recourse to preventative services; increase consultation time including the number of tests and the possibility of diagnostic and treatment errors; affect the quality of services requiring effective communication such as social services; reduce the probability of treatment compliance and reduce users' satisfaction with the services received.³¹ In the complex context of a medical situation, where the communication between care provider and patient is a key factor in the achievement of a positive health outcome, it is not surprising that the language spoken most often is considered the most effective. The treatment by health professionals of sensitive issues such as cancer, addiction, or depression, requires ease of communication as a feature of building trust and offering comfort to patients.

Table 1 - Population Size

| Population Size | | Province of Québec | 06 - RSS de Montréal | 0613 - CSSS d'Ahuntsic et Montréal-Nord |
|---------------------|------------|--------------------|----------------------|--|
| FOLS Anglanhanas | number | 994,720 | 595,920 | 20,300 |
| FOLS – Anglophones | percentage | 13.4% | 32.7% | 12.8% |
| FOLS – Francophones | number | 6,373,223 | 1,182,485 | 134,155 |
| | percentage | 85.7% | 64.8% | 84.6% |
| Total population | number | 7,435,900 | 1,823,905 | 158,625 |
| Total population | percentage | 100.0% | 100.0% | 100.0% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

- Across Quebec, there are 994,720 English-speakers, representing 13.4% of Quebec's total population.
- There are 595,920 Anglophones living in the RSS de Montréal where they represent 32.7% of the region's population. This is a higher share than the overall provincial share for Anglophones.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 20,300 Anglophones where they represent 12.8% of the population. This is a lower proportion than that represented by Anglophones across the RSS de Montréal.

See Bowen, S. (2001).Language Barriers in Access to Health Care, Ottawa: Health Canada. Also, Jacobs, E, and A. Chen, L. Karliner, N. Agger-Gupta & S. Mutha. (2006). "The Need for More Research on Language Barriers in Health Care: A Proposed Research Agenda". The Millbank Quarterly, Vol. 84, No.1, pp.111-133.

Age Structure

The distribution of the English-speaking population across age categories, and the extent to which language majority and minority communities differ in accordance to age, is important in understanding their distinct health needs and resources. Each stage of life tends to be associated with specific health and social service needs. The way these needs are met by public provisions and families must also take the age and age-related competencies of the client group into consideration. Typically, the age structure of the majority is important in shaping the scope and design of available health services and programs. Improving the health and the vitality of all citizens residing in this CSSS requires awareness of the problems that are pressing for the minority and may be overlooked in the focus on the majority, and, awareness of problems that are shared by both language groups but are being met with solutions that are not equally accessible for both.

Research in recent years has underlined the crucial role of childhood development in the long-term health of individuals and communities. Like every age group, youth are characterized by health and social service needs specific to their stage of life. For example, the respondents of the Quebec Health and Social Survey (1998) aged 15-24 years of age reported the highest levels of psychological distress and survey respondents with high levels of psychological distress, were more likely to report suicidal ideas and suicidal attempts. Anglophone respondents to the survey were more than twice as likely as Francophones to perceive their mental health as poor.³²

While the large portion of seniors does not necessarily mean a "sicker" group, it does imply an increased tendency towards health needs that are more characteristic of individuals in their later years. For example, chronic diseases such as arthritis, rheumatism, diabetes and heart disease are more prevalent among older individuals as well as are activity limitations that, we learn from the Quebec Social and Health Survey (1998), are due primarily to mental health and osteoarticular (bone/joint) problems. Publicly provided home healthcare and home care services are likely to be in high demand by communities with a large number of seniors.

Table 2 - Age Structure of the Population

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| Age Structure of the Population | Province of Québec | | 06 - RSS de Montréal | | 0613 - CSSS d'Ahuntsic et Montréal-Nord | |
|---------------------------------|--------------------|-----------|----------------------|-----------|--|---------|
| | English | French | English | French | English | French |
| Total - Age groups | 994,720 | 6,373,223 | 595,920 | 1,182,485 | 20,300 | 134,155 |
| 0-14 years | 159,660 | 1,068,283 | 92,240 | 179,478 | 2,985 | 21,828 |
| 15-24 years | 134,400 | 808,725 | 82,970 | 150,545 | 2,655 | 16,380 |
| 25-44 years | 313,505 | 1,749,930 | 195,600 | 366,688 | 7,920 | 36,843 |
| 45-64 years | 254,675 | 1,899,995 | 146,315 | 314,128 | 4,655 | 35,313 |

Pocock, J. (2008) "Baseline Data Report 2007-2008. Quebec's Social and Health Survey Information."
Community Health and Social Services Network (CHSSN), pp.115-126. www.chssn.org

| Age Structure of the Population | Province of Québec | | 06 - RSS de Montréal | | 0613 - CSSS d'Ahuntsic et Montréal-Nord | |
|---------------------------------|--------------------|---------|----------------------|---------|--|--------|
| | English | French | English | French | English | French |
| (continued) 65+ years | 132,480 | 846,290 | 78,795 | 171,648 | 2,085 | 23,793 |
| Total - Age groups | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| 0-14 years | 16.1% | 16.8% | 15.5% | 13.5% | 14.7% | 16.3% |
| 15-24 years | 13.5% | 12.7% | 13.9% | 12.7% | 13.1% | 12.2% |
| 25-44 years | 31.5% | 27.5% | 32.8% | 31.0% | 39.0% | 27.5% |
| 45-64 years | 25.6% | 29.8% | 24.6% | 26.6% | 22.9% | 26.3% |
| 65+ years | 13.3% | 13.3% | 13.2% | 14.5% | 10.3% | 17.7% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Children (aged 0-14)

- Across Quebec, there are 159,660 English-speaking children aged 0-14, representing 16.1% of the Anglophone population. The proportion of children in the Anglophone population is similar to that in the Francophone majority population in Quebec.
- There are 92,240 English-speaking children aged 0-14 living in the RSS de Montréal where they account for 15.5% of the population. The proportion of children in the RSS Anglophone population is lower than their proportion in the RSS Francophone majority population. This proportion is much higher than that formed by Anglophone children across the province.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 2,985 Anglophone children aged 0-14 where
 they represent 14.7% of the population. This is a lower share than that exhibited by Englishspeaking children across the RSS de Montréal region. The proportion of children in the CSSS
 Anglophone population is lower than their share in the CSSS d'Ahuntsic et Montréal-Nord
 Francophone majority population.

Seniors (aged 65 and over)

- Across Quebec, there are 132,480 English-speaking seniors aged 65+ representing 13.3% of the Anglophone population. The proportion of seniors in the Anglophone population is similar to that found in the Francophone majority population in Quebec.
- There are 78,795 Anglophone seniors aged 65+ living in the RSS de Montréal where they account for 13.2% of the population. This is a lower share than that of Anglophone seniors across the province. The proportion of seniors in the RSS Anglophone population is lower than their proportion in the Francophone majority population.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 2,085 Anglophone seniors aged 65+ where they account for 10.3% of the population. This is a lower share than that of English-speaking seniors across the RSS de Montréal region. The proportion of seniors in the Anglophone

population is much lower than their proportion in the Francophone majority population in the CSSS d'Ahuntsic et Montréal-Nord.

Income

Long-standing and substantial research provides evidence that income is a key determinant of the level of health and well-being experienced by communities and their members. The Quebec Social and Health Survey (1998) reveals a significant link between lower income households and the likelihood of a poor health status among Quebec citizens.³³ For these vulnerable households barriers to access to public health services loom large as they cannot afford private care services nor are they likely to have access to work-related benefits or private insurance coverage.

Table 3 - Income

| Population 15+ years, by Income Group | Province of Québec | | 06 - RSS de Montréal | | 0613 - CSSS d'Ahuntsic et Montréal-Nord | |
|--|--------------------|-----------|----------------------|-----------|--|---------|
| sy mesme Group | English | French | English | French | English | French |
| Total - Income groups | 835,060 | 5,304,940 | 503,680 | 1,003,008 | 17,315 | 112,328 |
| Under \$10,000 | 230,360 | 1,243,333 | 143,825 | 249,656 | 4,965 | 28,683 |
| \$10,000 - \$29,999 | 299,310 | 1,954,988 | 181,250 | 380,773 | 7,090 | 46,895 |
| \$30,000 - \$49,999 | 162,130 | 1,223,805 | 92,520 | 211,085 | 3,335 | 22,173 |
| \$50,000 and over | 143,255 | 882,816 | 86,090 | 161,488 | 1,930 | 14,578 |
| Total - Income groups | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| Under \$10,000 | 27.6% | 23.4% | 28.6% | 24.9% | 28.7% | 25.5% |
| \$10,000 - \$29,999 | 35.8% | 36.9% | 36.0% | 38.0% | 40.9% | 41.7% |
| \$30,000 - \$49,999 | 19.4% | 23.1% | 18.4% | 21.0% | 19.3% | 19.7% |
| \$50,000 and over | 17.2% | 16.6% | 17.1% | 16.1% | 11.1% | 13.0% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Earning less than \$10k

• Across Quebec, there are 230,360 English-speakers aged 15+ earning less than \$10k. This group represents 27.6% of the 15+ English-speaking population. The proportion of Anglophones earning less than \$10k is higher than that found in the Francophone majority population in Quebec.

For discussion of the survey, see Pocock, J. (2008) "Baseline Data Report 2007-2008. *Quebec's Social and Health Survey Information*." Community Health and Social Services Network (CHSSN). www.chssn.org

- There are 143,825 English-speakers aged 15+ earning less than \$10k in the RSS de Montréal where they represent 28.6% of the population. This is a higher share than that experienced by the provincial Anglophone population. The proportion of those earning less than \$10k in the RSS Anglophone population is higher than the proportion in the Francophone majority population.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 4,965 English-speakers earning less than \$10k where they account for 28.7% of the population. This is a higher share than that experienced by English-speakers across the RSS de Montréal region. The proportion of those earning less than \$10k in the CSSS Anglophone population is higher than the proportion for the Francophone majority population in CSSS d'Ahuntsic et Montréal-Nord.

Earning \$50k and over

- Across Quebec, there are 143,255 Anglophones earning over \$50k representing 17.2% of the Anglophone population. The proportion of high earners in the Anglophone population is similar to that found in the Francophone majority population in Quebec.
- There are 86,090 English-speakers earning over \$50k living in the RSS de Montréal where they represent 17.1% of the population. This is higher than the proportion of English-speaking high earners across the province. The proportion of high earners in the RSS English-speaking population is lower than the share of high earners in the Francophone majority population in the RSS.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 1,930 Anglophone high earners where they represent 11.1% of the population. This is a lower share than that experienced by Anglophone high earners across the RSS de Montréal region. The proportion of high earners in the CSSS Anglophone population is lower than the proportion of high earners in the same CSSS Francophone majority population.

Household Living Arrangements

Household living arrangements may be used as an indicator of groups within a population who are vulnerable to a poor health status. For example, the Quebec Social and Health Survey (1998) revealed that parents of minors living in lone parent households were more likely to report food insecurity, high levels of psychological distress and having more than one health problem compared to parents with other household arrangements.³⁴ Individuals living alone may lack the important health benefits of a strong support network in the event of activity limitations due to illness or aging.

For discussion of the survey, see Pocock, J. (2008) "Baseline Data Report 2007-2008. Quebec's Social and Health Survey Information." Community Health and Social Services Network (CHSSN). www.chssn.org

Table 4 - Population by Household Living Arrangements

| Population by Household Living Arrangements | Province of Québec | | 06 - RSS de Montréal | | 0613 - CSSS d'Ahuntsic et Montréal-Nord | |
|---|--------------------|-----------|----------------------|-----------|--|---------|
| | English | French | English | French | English | French |
| Total - Household living arrangements | 994,720 | 6,373,223 | 595,920 | 1,182,485 | 20,300 | 134,155 |
| Total - Persons in private households | 991,735 | 6,336,945 | 594,670 | 1,175,320 | 20,280 | 133,583 |
| Total - Persons in Census family households | 820,545 | 5,186,923 | 475,465 | 851,143 | 17,135 | 97,978 |
| Persons in married or common-law couples families | 703,005 | 4,441,050 | 403,320 | 684,943 | 14,330 | 75,248 |
| Persons in lone-parent families | 117,540 | 745,870 | 72,150 | 166,205 | 2,805 | 22,728 |
| Total - Persons in non-Census family households | 171,190 | 1,150,013 | 119,205 | 324,175 | 3,140 | 35,605 |
| Living with relatives | 20,835 | 105,635 | 13,605 | 28,568 | 440 | 3,370 |
| Living with non-relatives only | 30,705 | 188,028 | 23,080 | 64,515 | 395 | 5,538 |
| Living alone | 119,655 | 856,350 | 82,520 | 231,095 | 2,315 | 26,713 |
| Total - Household living arrangements | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| Total - Persons in private households | 99.7% | 99.4% | 99.8% | 99.4% | 99.9% | 99.6% |
| Total - Persons in Census family households | 82.5% | 81.4% | 79.8% | 72.0% | 84.4% | 73.0% |
| Persons in married or common-law couples families | 70.7% | 69.7% | 67.7% | 57.9% | 70.6% | 56.1% |
| Persons in lone-parent families | 11.8% | 11.7% | 12.1% | 14.1% | 13.8% | 16.9% |
| Total - Persons in non-Census family households | 17.2% | 18.0% | 20.0% | 27.4% | 15.5% | 26.5% |
| Living with relatives | 2.1% | 1.7% | 2.3% | 2.4% | 2.2% | 2.5% |
| Living with non-relatives only | 3.1% | 3.0% | 3.9% | 5.5% | 1.9% | 4.1% |
| Living alone | 12.0% | 13.4% | 13.8% | 19.5% | 11.4% | 19.9% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Living in census families35

- Across Quebec, there are 820,545 Anglophones living in census families. This group represents 82.5% of the 15+ Anglophone population. The proportion of Anglophones living in census families is similar to that found in the Francophone majority population in Ouebec.
- There are 475,465 English-speakers living in census families in the RSS de Montréal where they comprise 79.8% of the population. This is a lower share than that comprised by the provincial English-speaking population. The proportion of those living in census families in the RSS English-speaking population is higher than the proportion in the RSS Francophone majority population.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 17,135 English-speakers living in census families where they account for 84.4% of the population. This is a higher share than that accounted for by English-speakers across the RSS de Montréal region. The proportion of English-speakers living in census families in the Anglophone population is higher than the proportion represented by the Francophone majority population in CSSS d'Ahuntsic et Montréal-Nord.

Living in lone-parent families

- Across Quebec, there are 117,540 English-speakers living in lone-parent families. This group represents 11.8% of the Anglophone population. The proportion of Anglophones living in lone-parent families is similar to the proportion found in the Francophone majority population in Quebec.
- There are 72,150 English-speakers living in lone-parent families in the RSS de Montréal where they account for 12.1% of the population. The proportion of those living in lone-parent families in the RSS English-speaking population is lower than the proportion found in the RSS Francophone majority population. The proportion is higher than that found in the provincial English-speaking population.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 2,805 English-speakers living in lone-parent families where they represent 13.8% of the population. This is lower than the proportion represented by the Francophone majority population in CSSS d'Ahuntsic et Montréal-Nord. The proportion of Anglophones living in lone-parent families in the CSSS d'Ahuntsic et Montréal-Nord Anglophone population is higher than the proportion, we find for English-speakers across the RSS de Montréal region.

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Under Statistics Canada's terminology, a census family refers "to a married couple (with or without children of either or both spouses), a couple living common-law (with or without children of either or both partners) or a lone parent of any marital status, with at least one child living in the same dwelling. A couple may be of opposite or same sex. 'Children' in a census family include grandchildren living with their grandparent(s) but with no parents present."

(http://www12.statcan.gc.ca/census-recensement/2006/ref/dict/pdf/92-566-eng.pdf)

Living alone

- Across Quebec, there are 119,655 English-speakers living alone. This group represents 12%
 of the Anglophone population. The proportion of Anglophones living alone is lower than
 that found in the Francophone majority population in Quebec.
- There are 82,520 English-speakers living alone in the RSS de Montréal where they account for 13.8% of the population. This is a higher share than that accounted for by the provincial Anglophone population. The proportion of those living alone in the RSS Anglophone population is much lower than the proportion found in the RSS Francophone majority population.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 2,315 English-speakers living alone where
 they represent 11.4% of the population. This is a higher share than that exhibited by Englishspeakers across the RSS de Montréal region. The proportion of those living alone in the
 CSSS Anglophone population is much lower than the proportion exhibited by the
 Francophone majority population in CSSS d'Ahuntsic et Montréal-Nord.

Low-Income Cut-off

Although there is no official measure of poverty in Canada, the Statistics Canada measure of Low Income Cut-Offs (LICO) is probably the best known. Commonly known as the "poverty line", LICO uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low income cut-off category. People who live below a set of income cut-offs may be said to live in "straitened circumstances". The following table considers the population living below LICO by language, administrative territory and age group.

Table 5 - Population Living Below LICO, Within Age Groups

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| Population Living Below the Low-Income Cut-off (LICO) Level, Across Age Groups | Province | of Québec | 06 - F Mon | SS de tréal | 0613 - CSSS d'Ahuntsic et Montréal-Nord | | |
|---|----------|-----------|---------------|----------------|--|--------|--|
| | English | French | English | French | English | French | |
| Total - Age groups | 218,835 | 1,016,688 | 161,045 | 344,310 | 6,150 | 44,283 | |
| 0-14 years | 35,605 | 179,618 | 25,410 | 65,598 | 965 | 9,865 | |
| 15-24 years | 35,985 | 146,435 | 27,860 | 54,248 | 810 | 5,925 | |
| 25-44 years | 74,855 | 258,773 | 58,215 | 103,223 | 2,645 | 12,223 | |
| 45-64 years | 47,330 | 266,655 | 32,195 | 69,970 | 1,105 | 8,680 | |
| 65+ years | 25,060 | 165,208 | 17,365 | 51,273 | 625 | 7,591 | |

³⁶ See "Low Income in Canada: 2000-2007 Using the Market Basket Measure" August 2009 by Human Resources and Skills Development Canada for a breakdown on various Low Income Measurements. Available online at http://www.hrsdc.gc.ca/eng/publications

| Proportion of those below LICO within the age group | | | | | | | | | |
|---|-------|-------|-------|-------|-------|-------|--|--|--|
| (continued) Total - Age groups | 22.0% | 16.0% | 27.0% | 29.1% | 30.3% | 33.0% | | | |
| 0-14 years | 22.3% | 16.8% | 27.5% | 41.1% | 32.3% | 45.2% | | | |
| 15-24 years | 26.8% | 18.1% | 33.6% | 36.0% | 30.5% | 36.2% | | | |
| 25-44 years | 23.9% | 14.8% | 29.8% | 28.2% | 33.4% | 33.2% | | | |
| 45-64 years | 18.6% | 14.0% | 22.0% | 22.3% | 23.7% | 24.6% | | | |
| 65+ years | 18.9% | 19.5% | 22.0% | 29.9% | 30.0% | 31.9% | | | |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French. The percentages shown here are calculated against the total in a particular age group for linguistic groups in the given territories.

Population living below the low income cut-off (LICO)

- The percentages given here compare the number below LICO in a given age group with the
 total number in that age group as presented in Table 2 Age Structure of the Population of
 this document.
- Across Quebec, there are 218,835 English-speakers living below LICO. This group accounts for 22% of the population. The proportion of Anglophones living below LICO is much higher than the proportion doing so in the Francophone majority population in Quebec.
- There are 161,045 English-speakers living below LICO in the RSS de Montréal where they represent 27% of the regional Anglophone population. The proportion of those living below LICO in the RSS Anglophone population is lower than the proportion found in the RSS Francophone majority population. This Anglophone RSS proportion is higher than the proportion for Quebec Anglophones in general.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 6,150 English-speakers living below LICO
 where they represent 30.3% of the English-speaking population. This is lower than the
 proportion for the Francophone majority population in the same CSSS. The proportion of
 those living below LICO in the CSSS English-speaking population is higher than the
 proportion for English-speakers across the RSS de Montréal.

Children (0-14) living below the low income cut-off (LICO)

- Across Quebec, there are 35,605 English-speaking children living below LICO. This group represents 22.3% of the population of children. The proportion of Anglophone children living below LICO is much higher than the proportion found for children in the Francophone majority population in Quebec.
- There are 25,410 English-speaking children living below LICO in the RSS de Montréal where they account for 27.5% of the regional Anglophone children's population. The proportion of children living below LICO in the RSS Anglophone population is much lower than the proportion in the RSS Francophone majority children's population. This proportion is higher than that experienced by English-speaking children across the province.

• In CSSS d'Ahuntsic et Montréal-Nord, we find 965 English-speaking children living below LICO where they represent 32.3% of the Anglophone children's population. This proportion is much lower than the proportion experienced by the Francophone majority children's population in the same CSSS. The proportion of those children living below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speaking children across the RSS de Montréal region.

Seniors (65+) living below the low income cut-off (LICO)

- Across Quebec, there are 25,060 English-speaking seniors living below LICO. This group represents 18.9% of the English-speaking senior population. The proportion of Anglophone seniors living below LICO is similar to the proportion of seniors living below LICO in the Francophone majority population in Quebec.
- There are 17,365 English-speaking seniors living below LICO in the RSS de Montréal where
 they account for 22% of the regional English-speaking senior population. The proportion of
 those seniors living below LICO in the RSS English-speaking senior population is much
 lower than the proportion in the RSS Francophone majority senior population. This
 proportion is higher than that experienced by English-speaking seniors across the province.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 625 English-speaking seniors living below LICO where they represent 30% of the Anglophone senior population. This is lower than the proportion experienced by the Francophone majority senior population living below LICO in the same CSSS. The proportion of seniors living below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speaking seniors across the RSS de Montréal region.

Table 6 - Population Living Below LICO, by Household Living Arrangements

| - | | | | | | |
|--|--------------------|---------------|----------------------|---------|--|--------|
| Population Living Below the Low-Income Cut-off Level (LICO), | Province of Québec | | 06 - RSS de Montréal | | 0613 - CSSS d'Ahuntsic et Montréal-Nord | |
| by Household Living Arrangements | English | French | English | French | English | French |
| Total - Household living arrangements | 218,835 | 1,016,688 | 161,045 | 344,310 | 6,150 | 44,283 |
| Total - Persons in private households | 218,840 | 1,016,688 | 161,045 | 344,313 | 6,150 | 44,283 |
| Total - Persons in Census family households | 144,340 | 574,715 | 104,515 | 196,813 | 4,440 | 27,233 |
| Persons in married or common-law couples families | 107,120 | 369,775 | 77,835 | 128,738 | 3,200 | 17,070 |
| Persons in lone-parent families | 37,225 | 204,935 | 26,675 | 68,078 | 1,225 | 10,168 |
| Total - Persons in non-Census family households | 74,490 | 441,975 | 56,530 | 147,503 | 1,720 | 17,055 |
| Living with relatives | 5,130 | 19,180 | 4,055 | 8,215 | 100 | 918 |
| Living with non-relatives only | 19,775 | 97,140 | 15,860 | 37,775 | 270 | 3,338 |
| Living alone | 49,585 | 325,655 | 36,620 | 101,508 | 1,350 | 12,795 |
| Proportion of the | ose below LIC | O by househol | d living arran | gements | | |
| Total - Household living arrangements | 22.0% | 16.0% | 27.0% | 29.1% | 30.3% | 33.0% |
| Total - Persons in private households | 22.1% | 16.0% | 27.1% | 29.3% | 30.3% | 33.2% |
| Total - Persons in Census family households | 17.6% | 11.1% | 22.0% | 23.1% | 25.9% | 27.8% |
| Persons in married or common-law couples families | 15.2% | 8.3% | 19.3% | 18.8% | 22.3% | 22.7% |
| Persons in lone-parent families | 31.7% | 27.5% | 37.0% | 41.0% | 43.7% | 44.7% |
| Total - Persons in non-Census family households | 43.5% | 38.4% | 47.4% | 45.5% | 54.8% | 47.9% |
| Living with relatives | 24.6% | 18.2% | 29.8% | 28.8% | 22.7% | 27.2% |
| Living with non-relatives only | 64.4% | 51.7% | 68.7% | 58.6% | 68.4% | 60.3% |
| Living alone | 41.4% | 38.0% | 44.4% | 43.9% | 58.3% | 47.9% |
| 1 | | | | | | |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French. The percentages shown here are calculated against the total in a particular age group for linguistic groups in the given territories.

Persons in census family households living below the low income cut-off (LICO)

- The percentages given here compare the number below LICO in a given household living arrangement with the total number in that arrangement as presented in Table 4 Household Living Arrangements in this document.
- Across Quebec, there are 144,340 English-speaking persons in census family households living below LICO. This group represents 17.6% of the Anglophone population in census family households. The proportion of English-speaking persons in census family

- households living below LICO is much higher than the proportion found in the Francophone majority population in Quebec living below LICO in census family households.
- There are 104,515 English-speaking persons in census family households living below LICO in the RSS de Montréal where they represent 22% of the regional English-speaking population. The proportion of persons in census family households living below LICO in the RSS English-speaking population is similar to the proportion in the RSS Francophone majority population. The proportion in the RSS English-speaking population is higher than that found in the provincial English-speaking population.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 4,440 English-speakers persons in census family households living below LICO where they account for 25.9% of the Anglophone population. This is lower than the proportion experienced by the Francophone majority population in the same CSSS. The proportion of those persons in census family households living below LICO in the CSSS Anglophone population is higher than the proportion found in the Anglophone population of the RSS de Montréal region.

Persons in lone-parent families living below the low income cut-off (LICO)

- Across Quebec, there are 37,225 English-speaking persons in lone-parent families living below LICO. This group represents 31.7% of the English-speaking population living in loneparent families. The proportion of English-speaking persons in lone-parent families living below LICO is higher than the proportion found in the Francophone majority population in Quebec living in lone parent families.
- There are 26,675 English-speaking persons in lone-parent families living below LICO in the RSS de Montréal where they account for 37% of the regional Anglophone lone-parent family population. The proportion of persons in lone-parent families living below LICO in the RSS Anglophone population is lower than the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that found in the provincial Anglophone population.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 1,225 English-speakers persons in lone-parent families living below LICO where they account for 43.7% of the Anglophone lone-parent family population. This is similar to the proportion experienced by the Francophone majority lone-parent family population in the same CSSS. The proportion of persons in lone-parent families living below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speakers across the RSS de Montréal region.

Persons living alone and living below the low income cut-off (LICO)

• Across Quebec, there are 49,585 English-speaking persons living alone and below LICO. This group represents 41.4% of the Anglophone population living alone. The proportion of Anglophones persons living alone and below LICO is higher than that found in the Francophone majority population in Quebec living alone.

- There are 36,620 English-speakers persons living alone and below LICO in the RSS de Montréal where they account for 44.4% of the regional Anglophone population living alone. The proportion of those persons living alone and below LICO in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that experienced by the provincial Anglophone population.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 1,350 English-speakers persons living alone and below LICO where they represent 58.3% of the Anglophone population living alone. This is much higher than the proportion experienced by the Francophone majority population living alone in the same CSSS. The proportion of those persons living alone and below LICO in the CSSS Anglophone population is higher than the proportion experienced by English-speakers across the RSS de Montréal region.

Highest Educational Attainment

In many ways, education is an important determinant of the health status of a community. In Canada, the level of education achieved by an individual tends to be an indicator of social status, and ideally, a predictor of economic opportunity. The overall level of health literacy and preventative health practice enjoyed by a community also tends to be associated with the years of schooling by those included among its members³⁷.

Table 7 - Highest Educational Certification, for Selected Age Groups

| Highest Educational Certification, by Selected Age Groups | | Province of Québec | | 06 - RSS de Montréal | | 0613 - CSSS d'Ahuntsic et Montréal-Nord | |
|---|-------------|--------------------|-----------|----------------------|-----------|---|---------|
| | | English | French | English | French | English | French |
| | Total | 835,065 | 5,304,940 | 503,680 | 1,003,015 | 17,310 | 112,335 |
| Total - Highest certificate, diploma or degree | 25-44 years | 313,505 | 1,749,930 | 195,595 | 366,688 | 7,925 | 36,835 |
| | 45-64 years | 254,680 | 1,899,995 | 146,320 | 314,130 | 4,655 | 35,308 |
| | Total | 373,040 | 2,514,340 | 208,150 | 422,843 | 8,730 | 54,770 |
| High school certificate or less | 25-44 years | 94,615 | 523,153 | 52,730 | 91,545 | 2,910 | 11,678 |
| | 45-64 years | 110,255 | 875,428 | 57,975 | 127,808 | 2,455 | 15,816 |
| | Total | 77,560 | 866,628 | 38,310 | 115,958 | 1,855 | 14,788 |
| Apprenticeship or trades certificate or diploma | 25-44 years | 31,600 | 370,115 | 15,330 | 48,060 | 900 | 5,830 |
| aipionia | 45-64 years | 27,380 | 335,188 | 13,380 | 42,400 | 540 | 5,193 |
| | Total | 135,330 | 855,493 | 80,810 | 153,388 | 3,060 | 15,958 |
| College, CEGEP or other non-university certificate or diploma | 25-44 years | 60,410 | 362,373 | 35,610 | 65,308 | 1,780 | 6,505 |
| certificate of diploma | 45-64 years | 36,530 | 282,198 | 20,440 | 43,743 | 655 | 4,640 |
| | Total | 43,450 | 256,745 | 28,845 | 62,678 | 700 | 5,968 |
| University certificate or diploma below | 25-44 years | 18,140 | 83,445 | 12,700 | 25,265 | 395 | 2,180 |
| the bachelor level | 45-64 years | 14,840 | 113,120 | 9,340 | 21,978 | 210 | 2,143 |
| | Total | 205,690 | 811,738 | 147,575 | 248,150 | 2,970 | 20,855 |
| University certificate, diploma or degree | 25-44 years | 108,740 | 410,853 | 79,230 | 136,510 | 1,935 | 10,638 |
| | 45-64 years | 65,670 | 294,060 | 45,180 | 78,208 | 795 | 7,528 |
| | Total | 44.7% | 47.4% | 41.3% | 42.2% | 50.4% | 48.8% |
| High school certificate or less | 25-44 years | 30.2% | 29.9% | 27.0% | 25.0% | 36.7% | 31.7% |

For further discussion of education as a health determinant and the Population Health Model see J. Carter, *A Community Guide to the Population Health Approach*. Community Health and Social Services Network (CHSSN), www.chssn.org, March 2003. See Also, D. Raphael. (ed.) *Social Determinants of Health: Canadian Perspectives*. (pp.1-18, 235-51) Toronto: Canadian Scholar's Press Inc. 2002

| Highest Educational Certification, by Selected Age Groups | | Province of Québec | | 06 - RSS de Montréal | | 0613 - CSSS d'Ahuntsic et Montréal-Nord | |
|---|-------------|--------------------|--------|----------------------|--------|---|--------|
| | | English | French | English | French | English | French |
| (continued) | 45-64 years | 43.3% | 46.1% | 39.6% | 40.7% | 52.7% | 44.8% |
| Apprenticeship or trades certificate or diploma | Total | 9.3% | 16.3% | 7.6% | 11.6% | 10.7% | 13.2% |
| | 25-44 years | 10.1% | 21.2% | 7.8% | 13.1% | 11.4% | 15.8% |
| | 45-64 years | 10.8% | 17.6% | 9.1% | 13.5% | 11.6% | 14.7% |
| | Total | 16.2% | 16.1% | 16.0% | 15.3% | 17.7% | 14.2% |
| College, CEGEP or other non-university certificate or diploma | 25-44 years | 19.3% | 20.7% | 18.2% | 17.8% | 22.5% | 17.7% |
| certificate of diploma | 45-64 years | 14.3% | 14.9% | 14.0% | 13.9% | 14.1% | 13.1% |
| | Total | 5.2% | 4.8% | 5.7% | 6.2% | 4.0% | 5.3% |
| University certificate or diploma below the bachelor level | 25-44 years | 5.8% | 4.8% | 6.5% | 6.9% | 5.0% | 5.9% |
| the bachelor level | 45-64 years | 5.8% | 6.0% | 6.4% | 7.0% | 4.5% | 6.1% |
| University certificate, diploma or degree | Total | 24.6% | 15.3% | 29.3% | 24.7% | 17.2% | 18.6% |
| | 25-44 years | 34.7% | 23.5% | 40.5% | 37.2% | 24.4% | 28.9% |
| | 45-64 years | 25.8% | 15.5% | 30.9% | 24.9% | 17.1% | 21.3% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Population aged 15+, high school diploma or less

- Across Quebec, there are 373,040 Anglophones 15+ with a high school diploma or less. This group accounts for 44.7% of the 15+ Anglophone population. The proportion of Anglophones 15+ with a high school diploma or less is lower than that found in the 15+ Francophone majority population in Quebec.
- There are 208,150 Anglophones 15+ with a high school diploma or less in the RSS de
 Montréal where they account for 41.3% of the regional 15+ Anglophone population. The
 proportion of those 15+ with a high school diploma or less in the RSS Anglophone
 population is similar to the proportion in the RSS Francophone majority population. This
 Anglophone RSS proportion is lower than that exhibited by Anglophones across the
 province.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 8,730 Anglophones 15+ with a high school diploma or less where they represent 50.4% of the Anglophone 15+ population. This is similar to the proportion exhibited by the Francophone majority 15+ population in the same CSSS. The proportion of those 15+ with a high school diploma or less in the CSSS Anglophone population is higher than the proportion exhibited by the Anglophones across the RSS de Montréal region.

Population 25-44, high school diploma or less

- Across Quebec, there are 94,615 Anglophones aged 25-44 with a high school diploma or less.
 This group represents 30.2% of the Anglophone population aged 25 to 44. The proportion of
 Anglophones aged 25-44 with a high school diploma or less is similar to that found in the
 Francophone majority population in Quebec in the same age cohort.
- There are 52,730 Anglophones aged 25-44 with a high school diploma or less in the RSS de Montréal where they account for 27% of the regional Anglophone population. The proportion of those aged 25-44 with a high school diploma or less in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population in that age group. This proportion is lower than that exhibited by Anglophones across the province in the same age cohort.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 2,910 Anglophones aged 25-44 with a high school diploma or less where they comprise 36.7% of the Anglophone 45-64 cohort. This is higher than the proportion in the Francophone majority 45-64 cohort in the same CSSS. The proportion of those aged 25-44 with a high school diploma or less in the CSSS Anglophone population is higher than the proportion exhibited by Anglophones across the RSS de Montréal region.

Population 45-64, high school diploma or less

- In Quebec, there are 110,255 Anglophone aged 45-64 with a high school diploma or less. This group represents 43.3% of the Anglophone population. The proportion of Anglophones aged 45-64 with a high school diploma or less is lower than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 57,975 Anglophones aged 45-64 with a high school diploma or less in the RSS de Montréal where they account for 39.6% of the regional Anglophone population. The proportion of those aged 45-64 with a high school diploma or less in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is lower than that exhibited by the province's Anglophones.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 2,455 Anglophones aged 45-64 with a high school diploma or less where they comprise 52.7% of the Anglophone population. This is higher than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of those aged 45-64 with a high school diploma or less in the CSSS Anglophone population is higher than the proportion exhibited by Anglophones across the RSS.

Population aged 15+, university degree or higher

• In Quebec, there are 205,690 Anglophone 15+ with a university degree or higher. This group represents 24.6% of the Anglophone population. The proportion of Anglophones 15+ with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.

- There are 147,575 Anglophones 15+ with a university degree or higher in the RSS de Montréal where they account for 29.3% of the regional Anglophone population. The proportion of those 15+ with a university degree or higher in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is higher than that exhibited by the province's Anglophones.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 2,970 Anglophones 15+ with a university degree or higher where they represent 17.2% of the Anglophone population. This is lower than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of 15+ with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Population 25-44, university degree or higher

- In Quebec, there are 108,740 Anglophone aged 25-44 with a university degree or higher. This group accounts for 34.7% of the Anglophone population. The proportion of Anglophones aged 25-44 with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 79,230 Anglophones aged 25-44 with a university degree or higher in the RSS de Montréal where they represent 40.5% of the regional Anglophone population. The proportion of those aged 25-44 with a university degree or higher in the RSS Anglophone population is higher than the proportion in the RSS Francophone majority population. This RSS Anglophone proportion is higher than that exhibited by the province's Anglophones.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 1,935 Anglophones aged 25-44 with a university degree or higher where they comprise 24.4% of the Anglophone population. This is lower than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of aged 25-44 with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Population 45-64, university degree or higher

- In Quebec, there are 65,670 Anglophone aged 45-64 with a university degree or higher. This group represents 25.8% of the Anglophone population. The proportion of Anglophones aged 45-64 with a university degree or higher is much higher than that found in the same age cohort in the Francophone majority population in Quebec.
- There are 45,180 Anglophones aged 45-64 with a university degree or higher in the RSS de Montréal where they represent 30.9% of the regional Anglophone population. The proportion of those aged 45-64 with a university degree or higher in the RSS Anglophone population is much higher than the proportion in the RSS Francophone majority population. This RSS Anglophone proportion is higher than that exhibited by the province's Anglophones.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 795 Anglophones aged 45-64 with a university degree or higher where they comprise 17.1% of the Anglophone population. This

is lower than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of aged 45-64 with a university degree or higher in the CSSS Anglophone population is lower than the proportion exhibited by Anglophones across the region.

Labour Force Activity

The rate and type of labour force participation experienced by a community and its members is strongly associated with health status. In industrial nations like Canada, labour force activity is linked with level of income as well as the level of social integration enjoyed by a group. Employment is an important source of social identity and a key context for the establishment of a social support network that extends beyond the workplace. For an individual, work is an important source of the self-esteem and sense of control typically associated with good mental health.³⁸

Table 8 - Labour Force Activity

| Labour Force Activity | Province of Québec | | 06 - RSS d | le Montréal | 0613 - CSSS d'Ahuntsic et Montréal-Nord | |
|-------------------------------|--------------------|-----------|------------|-------------|--|---------|
| | English | French | English | French | English | French |
| Total - Labour force activity | 835,065 | 5,304,940 | 503,680 | 1,003,015 | 17,310 | 112,335 |
| In the labour force | 539,070 | 3,465,863 | 325,675 | 646,165 | 11,585 | 66,505 |
| Employed | 491,420 | 3,235,795 | 295,880 | 591,398 | 10,320 | 59,620 |
| Unemployed | 47,645 | 230,073 | 29,795 | 54,773 | 1,265 | 6,888 |
| Out of the labour force | 295,995 | 1,839,078 | 178,005 | 356,850 | 5,725 | 45,830 |
| Total - Labour force activity | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% |
| In the labour force | 64.6% | 65.3% | 64.7% | 64.4% | 66.9% | 59.2% |
| Employed | 91.2% | 93.4% | 90.9% | 91.5% | 89.1% | 89.6% |
| Unemployed | 8.8% | 6.6% | 9.1% | 8.5% | 10.9% | 10.4% |
| Out of the labour force | 35.4% | 34.7% | 35.3% | 35.6% | 33.1% | 40.8% |

Source: 2006 Census of Canada, 20% sample. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

For further discussion of employment and working conditions as health determinants and the Population Health Model see J. Carter, *A Community Guide to the Population Health Approach,* Community Health and Social Services Network (CHSSN), www.chssn.org, March 2003. See also D. Raphael (ed.) *Social Determinants of Health: Canadian Perspectives*. (pp.1-18, 235-51) Toronto: Canadian Scholar's Press Inc. 2002

Unemployed

- Across Quebec, there are 47,645 Anglophones who are unemployed resulting in an unemployment rate of 8.8%. The unemployment rate of Quebec Anglophones is much higher than the unemployment rate of the Francophone majority.
- There are 29,795 unemployed Anglophones in the RSS de Montréal where they experience an unemployment rate of 9.1%. The unemployment rate of the RSS Anglophone population is higher than the unemployment rate in the RSS Francophone majority population. Their unemployment rate is higher than that experienced by the provincial Anglophone population.
- In CSSS d'Ahuntsic et Montreal-Nord, we find 1,265 unemployed Anglophones resulting in an unemployment rate of 10.9%. This is higher than the unemployment rate experienced by the Francophone majority population in the same CSSS. The unemployment rate of the CSSS d'Ahuntsic et Montreal-Nord Anglophone population is higher than the unemployment rate experienced by English-speakers across the RSS de Montréal region.

Out of the labour force³⁹

- Across Quebec, there are 295,995 Anglophones out of the labour force. This group represents 35.4% of the Anglophone population aged 15+. The proportion of Anglophones out of the labour force is similar to that found in the Francophone majority population in Quebec age 15+.
- There are 178,005 English-speakers out of the labour force in the RSS de Montréal where they comprise 35.3% of the regional Anglophone population aged 15+. The proportion of those out of the labour force in the RSS Anglophone population is similar to the proportion in the RSS Francophone majority population. This Anglophone RSS proportion is lower than that exhibited by the provincial Anglophone population.
- In CSSS d'Ahuntsic et Montreal-Nord, we find 5,725 English-speakers aged 15+ out of the labour force where they account for 33.1% of the Anglophone population. This is lower than the proportion exhibited by the Francophone majority population in the same CSSS. The proportion of those out of the labour force in the CSSS Anglophone population is lower than the proportion exhibited by English-speakers across the RSS de Montréal region.

The Statistics Canada category "out of the labour force" refers to persons 15 years and over, excluding institutional residents, who, in the past week (Sunday to Saturday) prior to Census Day (May 16, 2006), were neither employed nor unemployed. It includes students, homemakers, retired workers, and seasonal workers in an "off" season who were not looking for work because of a long-term illness or disability.

(http://www12.statcan.gc.ca/census-recensement/2006/ref/dict/pdf/92-566-eng.pdf)

Mobility 2001-2006

The pattern of movement by a population with respect to specific administrative and geographical boundaries is a factor in assessing its demographic vitality⁴⁰, level of social cohesion and state of social support networks. Accessible public health and social service information is crucial in areas where a sizable percentage of the minority populations may not have an established network of family and friends. This is especially true in areas where the Anglophone community tends to be characterized by a greater percentage of newcomers from outside the province of Quebec and outside of Canada.

Table 9 - Recent Mobility (2001-2006)

| Recent Mobility of the Population | Province | of Québec | 06 - RSS d | le Montréal | 0613 - CSSS d'Ahuntsic et Montréal-Nord | | |
|-------------------------------------|----------|-----------|------------|-------------|--|---------|--|
| | English | French | English | French | English | French | |
| Total - Mobility status 5 years ago | 949,260 | 6,062,350 | 569,100 | 1,127,128 | 19,400 | 127,050 | |
| Non-movers | 577,005 | 3,763,078 | 339,470 | 620,538 | 11,695 | 72,495 | |
| Non-migrants | 188,590 | 1,255,443 | 130,600 | 329,260 | 5,460 | 37,243 | |
| Intraprovincial migrants | 82,480 | 884,918 | 27,090 | 91,755 | 420 | 8,725 | |
| arrived from outside Quebec | 101,175 | 158,908 | 71,940 | 85,580 | 1,820 | 8,581 | |
| Total - Mobility status 5 years ago | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | 100.0% | |
| Non-movers | 60.8% | 62.1% | 59.7% | 55.1% | 60.3% | 57.1% | |
| Non-migrants | 19.9% | 20.7% | 22.9% | 29.2% | 28.1% | 29.3% | |
| Intraprovincial migrants | 8.7% | 14.6% | 4.8% | 8.1% | 2.2% | 6.9% | |
| arrived from outside Quebec | 10.7% | 2.6% | 12.6% | 7.6% | 9.4% | 6.8% | |

between the English and the French.

Non-movers 2001-2006

- Across Quebec in 2006, there were 577,005 Anglophones who were non-movers. This group represents 60.8% of the Anglophone population. The proportion of non-movers for Quebec Anglophones is similar to that found in Quebec's Francophone majority.
- There were 339,470 Anglophone non-movers in the RSS de Montréal where they represent 59.7% of the regional Anglophone population. The non-mover proportion of the RSS

The concept of demographic vitality used in the Report to the Federal Minister of Health (2002) was a blend of demographic characteristics considered important to health. These characteristics included population size and proportion, percentage of bilingual persons in the minority community, unemployment rate and age structure. See *Consultative Committee for English-speaking Minority Communities* (CCESMC) 2002. Report to the Federal Minister of Health, Ottawa: Health Canada.

- Anglophone population is higher than the non-mover proportion in the RSS Francophone majority population. Their non-mover proportion is lower than that exhibited by Anglophones across the province.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 11,695 Anglophone non-movers which means that the non-mover proportion is 60.3%. This is higher than the non-mover proportion exhibited by the Francophone majority population in the same CSSS. The proportion of Anglophones non-movers in the CSSS Anglophone population is higher than the proportion exhibited by Anglophones across the RSS de Montréal region.

Arrivals from outside Quebec, 2001-2006

- Across Quebec, there are 101,175 Anglophones who arrived from outside Quebec between 2001 and 2006. This in-migrant group represents 10.7% of the Anglophone population. The proportion of arrivals from outside Quebec within the Quebec Anglophone population is much higher than that found in Quebec's Francophone majority.
- There are 71,940 Anglophones who arrived from outside Quebec to the RSS de Montréal where they account for 12.6% of the regional Anglophone population. The in-migrant proportion of the RSS Anglophone population is much higher than the in-migrant proportion in the RSS Francophone majority population. Their in-migrant proportion is higher than that exhibited by Anglophones across the province.
- In CSSS d'Ahuntsic et Montréal-Nord, we find 1,820 Anglophones who arrived from
 outside Quebec resulting in an in-migrant proportion of 9.4%. This is lower than the inmigrant proportion exhibited by the Francophone majority population in the same CSSS.
 The proportion of those who arrived from outside Quebec within the CSSS Anglophone
 population is lower than the proportion exhibited by Anglophones across the RSS de
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