

Le Réseau de l'Est de l'Île pour les services en anglais The East-Island Network for English-Language Services

McGill Retention of Health Professionals Project

Community Organization Descriptions 2015 - 2016







The East Island Network for English Language Services (REISA)

Join a Dynamic Learning Community

REISA, a community organization, seeks to increase access to health and social services in the English language in areas where minority groups are more comfortable receiving services in English than French, through collaboration with public, private and community stakeholders.

Established in 2005, REISA represents one of twenty English-speaking minority communities across Quebec who are part of Health Canada's Networking Partnership Initiative (NPI). REISA's role in the NPI Network is to advocate and engage in community development and capacity-building through education, supporting member organizations, fostering partnerships, data collection, research-sharing, providing referrals, organizing training sessions and participating in career-fairs to support and develop services that meet the needs of English-speaking minorities in the East End of Montreal. This organization supports community development in a variety of fields.

In addition, REISA has created partnerships with educational institutions in and around Montreal to support English-language training for health and social service professionals and subsequently integrate student trainees in community projects. This organization has been a pioneer in terms of strengthening and improving the vitality of the English-speaking minority community in the East end of Montreal, as REISA is an advocate for the promotion and preservation of Quebec's vibrant and multicultural population.

Internships Available for the Following Disciplines

• Community, Public Affairs and Policy Studies

Contact Us

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The Center of Dreams and Hopes (CDH)

Join a Dynamic Learning Community

Interning at the Center of Dreams and Hopes (CDH) will allow you to practice in a collaborative environment, where the mission of this organization is to support the preservation and development of English therapeutic and recreational activities for youth and young adults (aged 0-21) with intellectual and/or physical disabilities. Located in the East End of Montreal, CDH encourages an integrative approach in their mission to improve access to health and social services in the East End for primarily English-speaking youth and young adults with intellectual and/or physical disabilities.

Internships Available for the Following Disciplines

- Social Work and Social Service
- Physical and Occupational Therapy
- Communication Sciences and Disorders
- Creative Arts Therapies
- Special Care Counselling

Roles and Responsibilities

Completing a field placement at CDH will allow you to participate in multidisciplinary team meetings and case discussions. Interning at this community site enables students to establish relationships and subsequently collaborate with special needs clients through a variety of social intervention skills learned in training. At this organization, interns are qualified to complete grant applications in order to research funding to ensure that the diverse needs of their client demographic are met and services are sustained. Interns at CDH will learn to incorporate an interdependent framework in their practice, as the student's role is to provide psychosocial support counselling, resources and referral information to parents and caregivers. In addition, outreach is a fundamental aspect of this organization, as interns are responsible to facilitate self-care support groups and provide any relevant wellness materials.

Feedback from interns

Completing my field placement at CDH was *eye-opening*. CDH allowed me to pursue my *passion for human connections*, as this organization applies an *integrated approach* and is an *innovator* in *empowering individuals to create change*.

Contact Us

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The Italian-Canadian Community Service of Québec (SCCIQ)

Join a Dynamic Learning Community

Completing a field placement at the Italian-Canadian Community Service of Québec (SCCIQ) is unquestionably an enriching experience, as this organization seeks to provide targeted individuals, groups and organizations with opportunities to fully utilize and integrate existing services offered in and by both Quebec and Canadian society. Established in the East End of Montreal, this community partnership welcomes both local and international student interns from different areas and levels of study to provide psychosocial assistance, support and resources to a multitude of client demographics. Given that the East End of Montreal has a predominant Italian population, the SCCIQ promotes Italian culture and language, as this organization strives to encourage this demographic's involvement within the community. The direction of one's field placement at the SCCIQ is flexible, as the internship is dependent on client needs and can also be accommodated to the student's interest.

Internships Available for the Following Disciplines

- Social Work and Social Service
- Applied Human Sciences
- Nursing
- Dietetics and Human Nutrition

Roles and Responsibilities

Interning at the SCCIQ will allow you to collaborate with diverse populations, as this organization has developed partnerships with neighbouring community organizations and institutions targeting the needs of youth, families, adults and the elderly. At this organization, interns are given the opportunity to collaborate directly with the SCCIQ's network partners, which includes Community Learning Centers (CLCs) and health and social service centers, giving students a more hands-on experience. Interns at SCCIQ will engage in active listening while intervening with, counselling, supporting and referring client demographics to existing resources. Moreover, interns will be able to work on multidisciplinary teams, facilitate support groups, workshops and conferences to promote and address health-related subjects and social issues such as Alzheimer, Diabetes, Cancer, healthy eating, conjugal violence, drug abuse, elder abuse and so on. An advantage of interning at the SCCIQ is that students will be able to complete their internship in an integrated environment where interns have the opportunity to support and develop partnerships with network members.

Given the SCCIQ 's rich history of welcoming students from the field of Dietetics and Human Nutrition to complete their field practice at their organization, this centre has developed strong ties with health and social service institutions within the community. Dietetics and Human Nutrition interns completing their placement at the SCCIQ have therefore had the opportunity to support and develop different programs, activities and conference on various topics, serving to promote and educate the community

on healthy living. Students interning at the SCCIQ also have the chance to develop pamphlets and resource guides, as this organization sets up health kiosks at community centers, educational institutions and pharmacies.

Feedback from interns

It has been a pleasure completing my placement with the SCCIQ because *I get a touch of everything*. Especially that *I am able to work with dynamic and diverse populations*. Also, the SCCIQ and its network partners are *easily accessible* via public transportation, as placements are *1 to 2 busses away from the metro stations*.

Contact Us

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Toxico-Stop Centre

Join a Dynamic Learning Community

Completing a field placement at Toxico-Stop Centre allows interns to practice in an autonomous environment, as this organization seeks to provide services to both women and men over the age of 18 who have addiction problems. Toxico-Stop provides programs and services through a humanistic approach which recognizes that treatment must be tailored to the individual and their specific needs by creating a warm, trusting and safe environment. Located in the East End of Montreal, this centre welcomes student interns from diverse areas and levels of study who are passionate in assisting individuals to access specialized services in order for them to overcome their addiction difficulties.

Internships Available for the Following Disciplines

- Youth and Adult Correctional Intervention
- Special Care Counselling (specialization in Substance Abuse Counselling)
- Nursing (specialization in Addiction)
- Applied Human Sciences
- Social Work and Social Service

Roles and Responsibilities

Interning at Toxico-Stop is an enriching experience, as students are given the opportunity to be part of a collaborative team where the role and responsibility of each intern is to provide support throughout each resident's detoxification and social reintegration process. Whether placed at the detoxification or social reintegration site, interns at this centre have a multitude of tasks and responsibilities. For instance, students are adequately trained to support residents in the administration of medication. In addition, interns meet with residents to develop intervention plans in which the goals and objectives are adapted to the individuals' needs. Students also gain knowledge and expertise in facilitating support groups and workshops to increase residents' awareness of problems that may arise from their use of addictive substances. At Toxico-Stop, interns play an active role in each resident's therapeutic healing process, as students collaborate with staff, while maintaining confidentiality, to ensure that each individual is provided with specialized and targeted resources.

Feedback from interns

Toxico-Stop Centre is perfect for interns that are looking for a *dynamic and fast-pace environment*. That being said, workers from Toxico-Stop make you feel like you are part of their team, as *they give you responsibility and autonomy*, making this experience extremely *gratifying*.

Contact Us

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Almage Senior Community Centre

Join a Dynamic Learning Community

Located in the East End of Montreal, the Almage Senior Community Centre promotes a 'senior helping senior approach' in which the mission of this organization is to improve the quality of life of seniors who live independently. Students completing their internship at this centre will facilitate, develop and support programs and services that are designed at enhancing seniors' dignity, support their independence and encourage their community involvement. Almage welcomes interns from various fields and levels of study who are dedicated to breaking the unfortunate reality of senior isolation.

Internships Available for the Following Disciplines

- Social Work and Social Service
- Physical and Occupational Therapy
- Dietetics and Human Nutrition
- Applied Human Sciences
- Creative Arts Therapies
- Nursing

Roles and Responsibilities

Almage offers a diverse range of services and opportunities to student interns. For instance, interns will collaborate with staff and members of the centre to support, develop and facilitate programs, activities and services that cover senior health promotion, education, recreation, social integration and support. Students completing their field placement at Almage will collaborate with professionals in multidisciplinary teams to explore various ideas in order to create more services and activities that facilitate the well-being of seniors within the community. Being a non-profit organization and depending heavily on their ability to raise funds, interns at Almage will engage in the process of organizing and hosting fundraising events to ensure the vitality of this centre. In addition to organizing events and working on the overall strategy and structure of the organization, students interning at Almage collaborate directly with seniors through their active role as group and activity facilitator. Interns also play a role in education and empowerment, as students are equipped to support and encourage the seniors' independence through community involvement and engaging in healthy-living.

Feedback from interns

Almage is a great place to complete your internship. Although I encountered a number of challenges, I gained a lot of knowledge in my ability to tackle these issues and I am very grateful for that.

Contact Us

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Don Bosco Youth Leadership Centre (DBYLC)

Join a Dynamic Learning Community

Located in the East End of Montreal, the Don Bosco Youth Leadership Centre (DBYLC) is a non-profit community centre focusing primarily on youth, teenagers and young adults, whose goal is to provide opportunities for positive growth and to offer vibrant and varied programs. The DBYLC seeks to create change by promoting opportunities for student interns to explore their leadership skills and qualities in terms of social, cultural, moral, educational and recreational aspects. This centre welcomes interns from various fields and levels of study who are dedicated to social development through developing and supporting community programs and initiatives.

Internships Available for the Following Disciplines

- Applied Human Sciences
- Creative Arts Therapies

Roles and Responsibilities

The DBYLC offers a diverse range of services and opportunities to student interns. For instance, interns will be required to take on active leadership presence through the planning, animation and coordination of various groups and activities. Students completing their field placement at the DBYLC will have the opportunity to participate in and lead special events hosted by the centre such as the Don Bosco Youth Festival. Given that the DBYLC seeks to encourage community involvement, students will be responsible in working on different teams to coordinate projects and programs aimed at providing services to East End demographics in need of assistance. For example, students will be responsible in coordinating the centre's Future Leaders Project and Girls Club Program, as well as developing the DBYLC's Social Media Phone App Project. Interns will play a vital role in collaborating directly with the community, through their active role as both the coordinator and facilitator of various projects and programs.

Contact Us

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